Date Revised: 07/11/2018

Course Goal: To illustrate the transitional phases from being a civilian to a sworn police officer

**Learning Objectives:** No POST TTS required for this session

Session-2 Time: 1 Hour

#### **Resources:**

- Classroom with tables
- White board
- Dry-erase markers
- Laptop with PowerPoint, Projector
- Phone Book
- LAPD Mission Statement

**Session Summary:** The recruit officer will identify the transitional phases from being a civilian to a sworn police officer by means of a facilitated lead discussion and PowerPoint presentation.

Outline				Instructor Notes
	Tra	nsitions	Civilian to Sworn (is presented by Dr. Pannell)	
	(Slide 1)			
	A.	Transit	ions from "You" the civilian or military person to	
		"You" t	the police officer	
	B.	Living t	through the training transition is just part of what	
		is going	g on	
		1. Th	ink Quality Through Continuous Improvement	[1] Ask: When did you start
		(Yo	ou'll see it tomorrow) [1] [2] [3] [4] [5]	anticipating becoming a police
	C.	In the l	ast exercise we talked about what makes you as a	officer?
		person (Slide 2) You bring to the Department great diversity. Previously we wanted you to give up who you were and that was our mistake, now we value YOU. (Slide 3) Race [6]		<ul><li>[2] Ask: Is it the same for everyone?</li><li>[3] Ask: What about those just hired? Yesterday?</li><li>[4] Ask: Does it matter?</li><li>[5] Ask: Why are we even talking</li></ul>
	D.			
	E.			
		1. Sol	licit responses from the class	about this?
		a.	Identify when we start learning about race and	[6] Ask: Did issue of race come up at your table during the YOU
			diversity	activity?
		b.	Tolerance or intolerance based on past	activity.
			experiences	
		C.	Excluded/included and it hurts and has long term	
			effects	

- 2. Must talk about issue that are difficult to talk about
- 3. The community talks about these difficult issues why not the police? [7]
- 4. Shapes how the community will see the Department in the future
- F. Self-Identify Structure & Content (Multi-dimensional Self) (Slide 4)
  - 1. Are you the same person every situation?
    - a. Why or why not? [8]
  - 2. We change or shift our attitudes
    - a. Give an example of how you would speak to one group to another
      - 1) Do you speak to your children the way you would talk to your child's teacher? [9]
    - b. We shift our behavior
    - c. Do you act the same around your friends as you do at work? [10]
  - 3. If we model our behavior depending on who we are with are we really all these "different" people? [11]
    - a. What about the part that overlaps? [12]
- G. Multi-dimensional self (Slide 5)
  - The parts of you overlap and make for a better and well-rounded officer
    - a. At our core we always hold same values
    - b. Do our personal values mimic the Department's Core Values? [13]
      - 1) Should they? [14]
      - 2) What are the Department's Core Values? [15] [16]
    - c. You don't lose your life experiences or self, you just use different parts. You must know your core values; who you are and what you stand for.
  - 2. Roles
    - a. Recruit officer [17]
      - 1) Expected responses:
        - a) Overlap of all your prior experiences
        - b) Core Self (Slide 6)
      - 2) Expected responses: [18]
        - a) Ye:
        - b) We will discuss specific behaviors in future classes

[7] Ask: Why not the police?

[8] Ask: Why or why not?

[9] Ask: Do you speak to your children the way you would talk to your child's teacher?

[10] Ask: Do you act the same around your friends as you do at work?

[11] Ask: If we model our behavior depending on who we are with – are we really all these "different" people?

[12] Ask: What about the part that overlaps?

[13] Ask: Do our personal values mimic the Department's Core Values?

[14] Ask: Should they?

[15] Ask: What are theDepartment's Core Values?[16] Ask: What does this mean,"

Self is differentiated yet integrated"

[17] Ask: Where do you as a recruit officer fall in your multi-dimensional self?

- 3) Expected responses: [19]
  - a) Consequences
  - b) Affects relationship with the community
  - c) Affects performance
  - d) Impacts on team
  - e) Others are relying on you
- b. Probationary officer (Slide 7)
  - 1) Expected responses: [20]
    - a) Your core values need to remain the same
  - 2) Each experience builds upon the others as you move through the roles
  - 3) Expected responses: [21]
    - a) More responsibility
    - b) Greater impact on self
    - c) Greater impact on community
- c. Police Officer (Slide 8)
  - 1) Expected response: [22]
    - a) Your core values need to remain the same
  - 2) Each experience builds upon the others as you move through the roles
  - 3) Expected response: [23]
    - a) More responsibility
    - b) Greater impact on self
    - c) Greater impact on Community
- 3. (Slide 9) [ Learning Activity: "You and Change"]
  - a. Expected responses: [24]
    - 1) Change of daily routine
    - 2) Shift changes
    - 3) Concerns about becoming cynical
    - 4) Change your friends
      - a) Past friends might not want to associate with you [25]
    - 5) Might reprioritize your life [26]
- 4. How this profession changes your responsibility and you need to evaluate and base the changes on the core values.
- 5. At learning teams discuss the following:
- 6. **(Slide 10) [27]** 
  - a. Expected responses: [27]

[18] Ask: If Recruit Officer overlaps your prior experiences and Core Values -- Are there behaviors that as a recruit officer you should not do?

[19] Ask: Why should you not engage in certain behaviors?

[20] Ask: When you graduate and become a P-1 – does that change the multi-dimensional of "you"?

[21] Ask: Why is Probationary bubble larger than recruit (on slide)?

[22] Ask: When you get off probation – does that change the multi-dimensional you?

[23] Ask: Why is Police Officer bubble even larger than Probationary Officer bubble (on Slide 8?)

[24] Ask: How do you think this profession will change you?

[25] Ask: Why is that?

[26] Ask: Is that always good?

- a) Well rounded person
- b) Great career move
- c) Trust no-one but yourself
- d) Positive experience
- e) Grow as an individual physically and mentally
- f) They are afraid of a bad reputation
- g) Death
- 7. **[28]** (Hit space bar on Slide 10 to have Question appear for recruit officers)
  - a. Family is afraid that they are going to lose you into the role of a police officer (*Slide 11*)
    - 1) Only you can decide how big the circle gets
    - 2) (Slide 12) [29]
      - a) [30] Expected responses:
        - (1) Therefore, we are having the discussion [31] [32] [33]
- H. Part of a healthy transition is measuring your "Emotional Intelligence" (*Slide 13*)
  - (1) Self- Awareness [34] [35]
  - (2) Self-Management [36]
    - (a) How do you manage your emotions in the middle of someone else's conflict?
  - (3) Social Awareness [37] [38] [39] [40]
  - (4) Relationship Management [41] [42]
    - (a) Must keep hold of the things you value
- I. Leader Development Model (Slide 14)
  - Must constantly reevaluate your "Emotional Intelligence."
  - 2. Individual Readiness
    - a. Evaluating your emotional readiness
    - b. Skills and Motivation
  - 3. Relevant Training and Education
    - a. 6-month Academy will provide foundational information for P-1
  - 4. Challenging experiences
    - a. Police Work is challenging
    - Stresses and/or responsibilities of being a probationary employee

[27] Ask: How does your family think this profession will change you?

[28] Ask: What is your family afraid of? (Hit space bar on Slide 10 to have question appear for recruit officers)

[29] Ask: Does it overlap every part of the multi-dimensional you? (Slide 12)

[30] Ask: What is danger?

[31] Ask: Do you want to be this person?

[32] Ask: Does your family want you to be this person?

[33] Ask: Does the community want you to be this person?

[34] Ask: Can anybody describe what self-awareness means?

[35] Ask: Do you know yourself?

[36] Ask: What is self-management?

[37] Ask: How do you manage your emotions in the middle of someone else's conflict?

[38] Ask: What is social awareness?

[39] Ask: Do you know what your

job is?

[40] Ask: How well do you pick up on other's cues or behaviors?[41] Ask: Do you know what the Community wants from you?[42] Ask: What is relationship

management?

- 5. Assessment, Support, Reflection
  - a. Assessment of experiences
  - b. Personal reflection
- 6. Continuous Cycle (Back to individual readiness and evaluating your emotional intelligence
  - a. Link to Core Value: Quality Through Continuous Improvement
- J. Closing (Slide 15) [43] [44] [45] [46]
  - 1. Expected responses: [47]
    - a. Yes!
    - b. Where: In the mission statement of the Los Angeles Police Department
- K. Mission Statement Challenge the recruits to memorize the mission statement [48]
  - Challenge the recruits to memorize the mission statement
- L. Learning Team's Mission Statement (Team Facilitator)
  - 1. DISTRIBUTE: 1 flip chart paper to each table
  - 2. Advise each learning team to develop a Mission Statement for their class.
  - 3. What do they stand for, what do they plan to do or accomplish in the Academy? [49]
  - 4. Have each group mount the mission statement on the back wall of the room
  - If time allows have the groups read each mission statement and vote on the one that they want to represent the class
  - 6. Post the agreed upon mission statement next to the Ideal Police Officer "Traits and Characteristics," "Knowledge and Skills" and "Classroom Ground Rules" lists.
  - 7. Point out that the Mission Statement is how they will reach the goal of the ideal police officer
  - 8. These 4 charts should remain posted at all facilities during the entire academy and the recruits should be held accountable to all 4 lists.
  - Remind the recruits to take ownership of their learning

[43] Ask: How do you manage your family and work?

[44] Ask: What do you stand for?

[45] Ask: What does the Department stand for?

[46] Ask: How are you going to contribute your distinct voice to the Department if you don't know what it stands for?

[47] Ask: Does the Department provide you with some insight on its expectations?[48] Ask: What is the mission statement of the Los Angeles Police Department?

[49] Ask: What do they stand for, what do they plan to do or accomplish in the Academy?

10. Recite poem "Human Family" By: Maya Angelou

I note the obvious differences in the human family. Some of us are serious, some thrive on comedy.

Some declare their lives are lived as true profundity, and others claim they really live the real reality.

The variety of our skin tones can confuse, bemuse, delight, brown and pink and beige and purple, tan and blue and white.

I've sailed upon the seven seas and stopped in every land, I've seen the wonders of the world not yet one common man.

I know ten thousand women called Jane and Mary Jane, but I've not seen any two who really were the same.

Mirror twins are different although their features jibe, and lovers think quite different thoughts while lying side by side.

We love and lose in China, we weep on England's moors, and laugh and moan in Guinea, and thrive on Spanish shores.

We seek success in Finland, are born and die in Maine. In minor ways we differ, in major we're the same.

I note the obvious differences between each sort and type, but we are more alike, my friends, than we are unalike.

We are more alike, my friends,

than we are unalike.			
We are more alike, my friends,			
than we are unalike.			