Date Revised: 09/09/19

Course Goal: To teach recruits to express the appropriate empathy for the plight of victims of crimes utilizing intervention strategies when encountering a person in crisis. They will understand the potential adverse or positive impact that the first responders may have on a victim's ability to recover from a criminal incident.

Learning Objectives:

- Describe the direct and indirect victims of a crime [04.1A]
- Describe the emotional and physical reactions or behaviors that may be exhibited by victims in crisis **[04.1B]**
- Describe techniques officers can use to help defuse a crisis for a victim of crime [04.1C]
- Describe potentially negative attitudes that peace officers may exhibit toward victims of crime [04.1D]
- The instructor will participate in one or more learning activities from the current POSTdeveloped Instructor's Guide to Learning Activities for Leadership, Ethics and Community Policing (2005) or other comparable sources regarding victimology/crisis intervention. At a minimum, each activity or combination of activities shall address the following topics: Behaviors exhibited by persons in crisis/crime victims **[04.4A1**], Use of effective interview techniques (e.g., empathy, active listening and non-verbal skills during a peace officer's contact with persons in crisis/crime victims **[04.4A2]**, Impact of a peace officer's conduct on victims, witnesses or others who may be at the scene of an incident **[04.4A3]**,

Session Time: 2 Hour

Resources:

- Classroom with tables
- Laptop with Power Point or Audio/video device with projector and speakers
- White board and Dry-erase markers
- Handouts: LD 4 Workbook

Session Summary: The recruits will understand that they must deal effectively and considerately with victims and understand the physiological trauma experienced by crime victims. They will be able to identify techniques used to defuse crisis situations which result from being the victims of a crime.

Outline	Instructor Notes
I. Victimology	
A. Introduction	
 Ensure that students have the POST LD #4 Victimology/Crisis Intervention Workbook. Call for service involving persons in crisis may be amongst the most difficult for many officers to handle. They require demonstrable leadership abilities, sensitivity, compassion, dignity and respect. 	

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3		Circumstances that lead to a crisis for one person may not for another. Accurate assessment of a victim's responses will help officers respond appropriately and can potentially affect the quality of the information a victim is able to provide.			
4	. .	An officer's ability to deal with, and effectively communicate with, the victims and witnesses of a crime can dramatically affect the outcome of an investigation.			
5		Here is one of the best applications of the Golden Rule: a. Treat every victim as you want to be treated if you			
		 were a victim. b. Understanding how someone feels when they are victimized will help officers respond in an appropriate manner. 			
6	-	For this reason, it is critical that officers recognize and treat all victims of a crime with respect and compassion.			
7	'. 	Keep in mind, Procedural Justice is giving people the opportunity to tell their side of the story, remaining neutral in your decision-making and behavior, treating people with respect, and explaining your actions will help you interact with victims effectively.			
в. V		ims			
		Crisis			
T					
		 a. Define crisis Crisis is an emotional significant event, or radical change of status in a person's life. Crisis is a rapidly changing and unpredictable situation, which requires awareness and adaptability on the part of the officer. 			
2		Victim			
_		 a. Define victim (Merriam-Webster's Dictionary) 1) A victim is a person who has been attacked, injured, robbed, or killed by someone else, or 2) A person who is cheated or fooled by someone else, or 3) Someone or something that is harmed by an 			
		unpleasant event; such as an illness or accident			
		 b. Describe the direct and indirect victims of crime [04.1A] 1) Direct Victim a) People who have had a crime perpetrated 			
		 a) People with have had a clime perpetrated against them b) Report that a crime has been committed against them, or 			

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	 c) Who have suffered as a direct result of a crime, economic loss, physical injury, emotional trauma or death. 2) Indirect Victim 			
	 Family members or persons who are in a close relationship to the direct victim or witnessed who suffer emotional trauma and or economic loss because of a crime, or individual or a group or community. 	[1] Learning Activity #1: Refer to Learning Activity Page at end of document		
	 b) People who have a close relationship to the direct victim, or 			
	 People who suffer emotional trauma and/or economic loss because of being a witness to a crime, or 			
	 People who are members of a group or individual within the community where the crime has taken place. 			
	arning Activity #1: "Have You Been A Victim of a me"			
a.	Large group activity: Board work, divide the board into 6 columns, Write the one title above each of the columns 1) Crime			
	 Victim Impact/Response PD Involved 			
	 4) PD Response 5) Victim Response to PD/Expectations 6) Awareness and Precautions 			
b.	Inform the class that this exercise will provide them with an opportunity to look at the impact of being the victim of a crime.			
С.	Have the class raise their hands if they have ever been a victim of a crime,			
d.	If a student is willing to share an example of when he/she was a victim of a crime have him/her do so with the class			
	Work through their responses in the appropriate columns on the board.			
f.	Have each learning team discuss situations when members of their group or someone they know were victims of a crime. Have each learning team select and present one incident to present to the class			
g.	 class Debrief 1) Lead a facilitated large group discussion, and discuss the following: a) How did the direct and indirect victims of these crimes respond emotionally and physically? 			
	F,			

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	b) What kind of affect did the officers' actions	
	have on the victims?	
	c) What does the public/want from the police?	
	What are the public's expectations of the police at the scene of a crime?	
	d) What was the impact of the crime	
	depending on the age of the victim?	
	e) Describe techniques officers can use to	
	help defuse a crisis for a victim of a crime.	
	f) What can police do to reduce the negative	
	impact on victims?	
	g) How can officers enhance the positive	
	responses?	
	(1) A crisis can present an opportunity for	
	officers to provide effective interaction	
	with the community and promote a	
	positive relationship.	
	eaction to victimization	
1.	Self-blame	
	a. Feelings of guilt or embarrassmentb. May prevent the victim from revealing critical	
	details	
2.		
۷.	a. The victim may unconsciously suppress critical	
	details in favor of offering "reasons" they have	
	come up with	
	b. When an unpredictable situation such as a crime or	
	loss occurs, a victim may try to rationalize the	
	event by creating a logical cause for it.	
	c. This may cause victims to unintentionally give	
	inaccurate or incomplete information	
3.	Complete Denial	
	a. The victim may be reluctant or unwilling to discuss	
	the crime	
4.		
	 The victim may substitute a rationalization motive instead of recalling details that could establish 	
	actual motive	
5	Rely on religious beliefs	
5.	a. The victim may be reluctant to assist with evidence	
	or prosecution because they feel it ultimately does	
	not matter or was not the perpetrator's fault	
	1) "The Lord will judge him for what he did; it's in	
	God's hands."	
	2) "It was not his fault; he was just an instrument	
	of Satan."	
6.	Inappropriate forgiveness	
	a. The victim may suppress critical details of the	
	crime	

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7. Describe the emotional and physical reactions or		
behaviors that may be exhibited by victims in crisis		
[04.1B]		
a. Typical victim thoughts		
1) Self-Blame		
Trying to make sense of a Nonsensical act		
 Complete denial 		
 Intellectualize the situation 		
5) Rely on religious beliefs		
6) Inappropriate forgiveness		
b. Emotional reactions		
1) Helplessness	Learning Activity #2:	
2) Powerlessness	Refer to Learning Activity	
,	Page at end of document	
3) Being out of control	age at end of document	
4) Anger		
5) Sadness		
6) Fear		
Any combination of the above		
c. Physical reactions		
1) Red, flush face		
2) Unnecessarily loud voice		
3) Hyperventilation or rapid breathing		
4) Fainting		
5) Shaking, twitching hands, or clenched fists		
6) Rigid body		
7) Fixed stare		
 Hesitation to move as commanded 		
9) Nausea		
10) Complaints of headache or heart palpitations		
11) Crying, tears, hysteria		
12) Excessive sweating		
13) Any combination of the above		
d. Extreme or inappropriate response		
1) Extreme responses		
a) Responses that are intense or that seem to		
an objective observer to be out of		
proportion to circumstances		
2) Inappropriate responses		
a) Responses that conflict with other verbal or		
physical cues or physical evidence		
D. Learning Activity #2: BFMV Investigation Role Play		
[04.4A1-4]		
1. Selected students will be assigned to role-play a BFMV		
Investigation radio call. The Scenario is:		
a. The victim owns an antique watch left to him or her		
by their grandmother years prior. The watch was		
stolen from the victim's locked vehicle via a window		
– smash car burglary. The responding officer will interview the victim and want "and whether facts" of the		
interview the victim and want "only the facts" of the		
incident and be disinterested in the intrinsic value		

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	of the watch to the victim. The watch has little monetary value and the victim has no insurance to pay for its replacement. The victim will try to encourage the officer to dust the car for fingerprints, a suggestion that is rebuffed by the officer as a waste of taxpayer's time due to the insignificant value of the watch. The officer takes the basic information of the call, and then says she or he must leave to respond to more important calls for service.	Ask: How many agree or disagree with this statement? Why?		
	Debrief scenario role-play			
b	 Debrief the activity at the end of the role-play by asking the class the following questions; 1) What did you see? 2) How well did the officers handle the situation? 3) Did the officers act appropriately? 4) What would you have done differently? 5) Did the officers follow department procedures regarding victim contacts? 6) Didn't the officer have an obligation not to waste time when more pressing incidents required his or her attention? 7) How would you react if this were your partner? 8) What impact could the officer's behavior have on: a) The victim b) The officer c) The officer's agency and community? Procedural Justice and Police Legitimacy Building Trust & Legitimacy a) Read statement to class; 			
	 (1) "People are more likely to obey the law when they believe that those who are enforcing it have the legitimate authority to tell them what to doThe public confers legitimacy only on those they believe are acting in procedurally just ways." (<i>Pillar 1. Final Report of the President's Task Force on 21st Century Policing</i>) b) Ask class: How many agree or disagree with this statement? Why? Solicit a few responses. 2) Procedural justice is the way information is gathered or the fairness of the way a decision is made. It does not refer to the fairness of the decision itself. 3) Procedural Justice defined a) The fairness and transparency of the processes by which decisions are made 			

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 and may be contrasted with distributive justice (fairness in the distribution of rights or resources), and retributive justice (fairness in the punishment of wrongs). (1) Example: (a) Hearing all parties before a decision is made is one step which would be considered appropriate to be taken in order that a process may then be characterized as procedurally fair. The four tenets of Procedural Justice include: a) Voice (Listen, giving individuals "voice" during encounters) b) Neutrality (Be fair, impartial, being neutral and transparent in decision making) c) Respectful treatment (be respectful, treating people with dignity and respect) d) Trustworthiness (Trying to do what's best for the people, Conveying trustworthy motives) Police Legitimacy defined a) Is the right of a police institution to be obeyed by citizens as legitimate legal authorities? And this entitlement is predicated on voluntary support and cooperation from the public who make judgments about police legitimacy and the way the exercise their authority. b) Lawfulness means that the police comply with constitutional, statutory, and professional norms. c) The belief that police ought to be allowed to exercise their authority to maintain social order, manage conflicts, and solve problems in their communities. d) Legitimacy is reflected in three judgments (1) First is public trust and confidence in the police (a) Such confidence involves the belief that the police are honest, (b) the belief that they try to do their jobs well, and 	Ask: How can you as a responding officer can exhibit empathy to a victim(s)?
police(a) Such confidence involves the belief that the police are honest,(b) the belief that they try to do their	

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(3) Third involves the belief that police		
actions are morally justified and		
appropriate to the circumstances.		
 e) Legitimacy is linked to the public's belief 		
about the police and its willingness to		
recognize police authority.		
f) Without legitimacy, police lose their ability		
and authority to function effectively.		
3. Defusing Crisis Situations [04.1C]		
a. Techniques officers can use to help defuse a crisis		
for a victim		
1) Acknowledge the victim's ordeal		
a) "You've been through a terrible ordeal. You		
are safe now". (do not blame the victim)		
2) Empathy and sympathy		
a) Empathy is the feeling that you understand		
and share another person's experiences		
and emotions: the ability to share someone		
else's feelings. The ability to identify one's		
self mentally with a person's feelings or the		
event's meaning		
(1) Ask: How can you as a responding		
officer can exhibit empathy to a		
victim(s)?		
(a) Giving the victim the opportunity to		
tell you what happen without		
interruption.		
(b) Remaining neutral		
(c) Displaying respect, and		
(d) Working to build trust with the victim		
b) By exhibiting empathy and acknowledging		
the victim's ordeal officers can		
(1) Becomes a source of assistance for the		
victim		
(2) Avoids being cast in the role of		
someone who appears to blame or		
punish		
(3) Increases the likelihood of developing		
rapport with the victim		
(4) Enhances the victim's willingness to		
cooperate with law enforcement officers		
c) Sympathy is the feeling that you care about		
and are sorry about someone else's trouble,		
grief, misfortune, etc.: a sympathetic		
feeling. Sameness of feeling, a connection		
between persons		
3) Reassure the victim of safety		
a) "I am here now. You are safe now".		
b) "The police are here now. We have officers		
in the area now, and you are safe".		
	1	

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4)	Ask diversionary reality questions	
	a) Simple, realistic, and nonthreatening	
	questions that may not be directly related to	
	the crime itself	
	(1) "How many people live here with you?"	
	(2) "How many children do you have?"	
	(3) "Where are the children?"	
5)	Ask questions which pose simple choices to	
	help the victim regain some sense of control	
	a) "Would you like to sit down?"	
	b) "Is it alright if I have a seat?"	
	c) "Would you like a friend or victim/witness	
	advocate called?"	
	d) "Would you like a glass of water?"	
	e) "Can I make a call for you?"f) "Does your daughter need a ride home from	
	school?"	
	g) "Would you like a friend to bring you some	
	clothes down to the hospital?"	
6)		
- ,	a) Active listening is the deliberate and	
	conscious act of concentrating on what is	
	being said by a speaker	
	(1) Silence	
	(a) Allow pauses or periods of silence	
	so victim has time to think and	
	formulate answers	
	(b) This demonstrates respect to the	
	victim and his or her voice	
	(2) Reflective comments	
	(a) Officer reflects what the speaker has	
	said to keep the victim talking and	
	focused. This demonstrates the	
	officer is truly listening and	
	processing what has been said (3) Clarifications and summations	
	(a) Officer clarifies and summarizes	
	what the victim has said to verify its	
	accuracy. This should occur at a	
	natural break in the victim's	
	statement, not repeated	
	interruptions	
	i "Is that the heart of it?"	
	ii "Do I have it right?"	
b. Us	se appropriate tone of voice (Voice and Respect)	
1)		
	a) Calm and low	
	b) Reassuring and supportive	
	c) Concerned	
	d) Courteous	

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	e) Serious	
2)	Officers tone of voice should never be	
	a) Judgmental	
	b) Condescending	
	c) Agitated, impatient	
	d) Nervous or embarrassed	
	e) Sarcastic	
c. Ap	ply positive nonverbal communication	
•	chniques	
	Maintaining eye contact	
-,	a) The most important nonverbal crisis	
	diversion technique is eye contact.	
2)	Establishing nonthreatening body posture	
-,	a) The distance or proximity an officer takes in	
	standing or sitting near a person who is	
	about to be interviewed will have a	
	significant impact on the situation.	
	b) Sitting down with the victim can help to	
	downplay the situation and relax the	
	person.	
3)	Encouraging physical opposites	
	a) If a person continues to display extreme	
	physical symptoms of a crisis, the officer	
	should encourage him/her to change	
	positions or move to another room/location.	
	(1) If a person is working him/herself into	
	more hysteria by frenzied activity, the	
	officer should encourage him/her to sit	
	down with the officer	
4)	Appearance	
,	a) Attitude portrayed by an officer's sloppy	
	appearance	
	(1) "If you can't take care of yourself, how	
	can you take care of me?"	
5)	Explain procedures and follow-up actions	
- 1	a) Put closure to the incident	
	(1) Report	
	(2) Resource information	
	(a) Pamphlets	
	(3) Telephone numbers	
	(a) Area Station/Division	
	(b) Area Detectives	
	(c) Victim/Witness Coordinator	
	(4) Incident number	
	(5) Business card	
4. Descri	be potentially negative attitudes that peace	
	s may exhibit toward victims of crime [04.1D]	
	appropriate officer reactions towards victims	
	Officers Demeanor	
-)	a) Body language, facial expressions	
	,,	

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	b) Voice, tone
2)	Disassociation
	a) Treating the victim as an object rather than
	a person
	b) No regard for the feelings of the victim
	(1) Lack of compassion or empathy
	(2) Failure to recognize personal or
	emotional impact on the victim(s)
	(a) Personal losses, objects that have
	meaning to the victim (wedding ring,
	photographs, etc.)
3)	Blame
	 a) Officers comments or actions may imply the victim
	(1) The victim deserved what happened
	(2) The victim caused what happened
	(3) The victim could have prevented what
	happened
	b) Officers beliefs may be based on
	(1) Personal biases
	(2) An attempt to create a defense
	mechanism on the part of the officer
	(3) A desire for the officer not to appear too
	human
4)	Apathy or impatience
	a) Reactions of apathy or impatience can be
	conveyed verbally or nonverbally.
	b) Officers demeanor or words may indicate
	that they just want to hear "just the facts"
	and not be bothered with the victim's
	feelings or reactions to the crime.
	c) Apathy is a lack of interest in or concern for
	things that others find moving or exciting
	(1) Making minimal eye contact
	(2) Frequently glancing at a watch
	(3) Focusing on other people while
	interviewing the victim
	d) Remember principles of Voice and Respect
	and Procedural Justice.
	(1) Voice and Respect
	(a) Officers tone of voice should be
	i Calm and low
	ii Reassuring and supportive
	iii Concerned
	iv Courteous
	v Serious
	(b) Officers tone of voice should never
	be
	i Judgmental
	ii Condescending

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iii Agitated, impatient		
iv Nervous or embarrassed		
v Sarcastic		
(2) Procedural Justice		
(a) Giving people the opportunity to tell		
their side of the story		
(b) Remaining neutral in your decision-		
making and behavior		
(c) Treating people with respect		
(d) Explaining your actions will help you		
interact with victims effectively.		
5. Key Points		
a. Disassociation, language barriers and impatience		
can hinder an officer from performing his job to the		
best of his ability.		
b. Trust and legitimacy grow from positive interactions		
based on more than just enforcement interactions.		
c. Think of our roles and duties as law enforcement		
professionals to be guardians of the community		
providing quality service to citizens instead of being		
warriors in the community.		

Learning Activity #1 - Have You Been A Victim of a Crime

- **Purpose:** This exercise introduces students to the effects that crime has had on them personally, as well as feelings created by police officers during these experiences. To better understand the perspective of the victim and the needs of the victim and the expectation of the victim we are going to really look at our victims.
- Description: Large Group Activity The instructor captures the students' responses from their experiences. Place the impact in the appropriate column. If multiple students offer the same response, place a check mark next to it to indicate the number of times that specific response was noted. Your board will typically have 10-12 responses in each column and numerous ✓'s next to each.
- **Resources:** Whiteboard and Dry-Erase Markers, LD#4 Victimology/Crisis Intervention Workbook.

Time Required: 45 Minutes

Procedures: Board work - Divide the board into 6 Columns.

Title column one CRIME, two VICTIM IMPACT/RESPONSE, three PD INVOLVED, four PD RESPONSE, five VICTIM RESPONSES to PD/ EXPECTATIONS, six AWARENESS and PRECAUTIONS.

Inform the class that this exercise will provide them with an opportunity to look at the impact of being the victim of a crime. Ask the class to raise their hands if they ever been a victim of a crime.

Ask: How many of you have ever been a victim of a crime?

Have one student share an example of when they were a victim of a crime. Work through the example, listing their responses in the appropriate columns. Advise the class to select a presenter and scribe/reporter from their learning teams. Have each learning team discuss situations when members of the group or someone they know were victims of a crime. It can be an incident that occurred during their childhood or as an adult. Have each group discuss responses for the six columns. Each learning team will select one incident to present to the class. This portion of the activity will take 10-15 minutes.

Have presenters from each learning team read their responses, and list responses on the board for each column.

Debrief: Lead a classroom discussion, looking at the similarities between the responses to provide students with a better understanding of the issues of

victimizations and techniques to better interact with victims. Make a note to highlight that responses are generally similar even when the crimes and responding agencies differ.

Ask: What does the public expect/want from the police?Ask: What was the impact of the crime depending on the age of the victim's?Ask: What can police do to reduce the negative impact on victims?Ask: How can officers enhance the positive responses?

Event 1 Police Sciences Session 21– Introduction to Victimology LD 4 Victimology/Crisis Intervention Learning Activity #2-Burglary from Motor Vehicle Investigation- Role Play

- **Purpose:** To allow students to apply the strategies and techniques related to interviewing victims of crimes.
- Description: Large Group Activity

This scenario may take place in the classroom or an outside location if necessary.

Resources: 1 Victim - Instructor for the Role Play 2 Officers – Instructors for the Role Play I.R. Business Card

Time Required: 20 Minutes

Procedures: ROLE PLAY - BFMV Scenario (LD #4, L.E.C. Learning Activity)

The victim owns an antique watch left to him or her by their grandmother years prior. The watch was stolen from the victim's locked vehicle via a window-smash carburglary. The responding officer will interview the victim and want "only the facts of the incident and be disinterested in the intrinsic value of the watch to the victim. The watch has little monetary value and the victim has no insurance to pay for its replacement. The victim will try to encourage the officer to dust the car for prints, a suggestion that is rebuffed by the officer as a waste of taxpayer's time due to the insignificant value of the watch. The officer takes the basic information of the call, and then says she or he must leave to respond to more important calls for service.

Facilitator Instructions:

The facilitator will debrief the group after the role-play and lead a facilitated class discussion regarding what they have seen. Ask the class the following questions:

- 1. What did you see?
- 2. How well did the officers handle the situation?
- 3. Did the officers act appropriately?
- 4. What would you have done differently?
- 5. Did the officers follow department procedures regarding victim contacts?
- 6. Didn't the officer have an obligation not to waste time when more pressing incidents required his or her attention?
- 7. How would you react if this were your partner?
- 8. What impact could the officer's behavior have on:
 - a. The victim
 - b. The officer

c. The officer's agency and community?

Officers Role Play Script:

Officers receive a radio call "respond to BFMV Investigation, Person reporting is standing by".

Upon arriving at the scene officers will act in a rude and unprofessional manner.

The responding officer will interview the victim and want "only the facts" of the incident and be disinterested in the intrinsic value of the watch to the victim.

You ask the victim the value of the watch and if it is insured.

The watch has little monetary value and you don't have any insurance to pay for its replacement.

When the victim asks the officer if they will take fingerprints from the vehicle, the officer says that it is a waste of taxpayer's time due to the insignificant value of the watch.

The officers take the basic information for the report and then says that they must leave to respond to more important calls for service.

Victims Role Play:

Smith, Robert or (Regina) 25 Years old

The victim parked his or her car in front of his residence overnight and when he returned observed the front passenger window had been smashed.

They own an antique watch left to you by your grandmother years prior. The watch was stolen from inside your vehicle.

You try to explain the sentimental value the watch and how much the watch means to you. It is the only thing you have to remember your grandmother. Ask the officers to fingerprint your vehicle. Adding how much you want to get it back.