

Event 2 – Force Options – ARCON
Session 15 – Ground Control Review
LD 33 – Arrest and Control

Date Revised: 11/06/19

Event Goal: To teach recruit officers when and how to use reasonable force.

Session Goal: To teach recruit officers how to use force options to take a combative suspect into custody.

Learning Objectives: Students will use various force options to take a combative suspect into custody during role-play scenarios.

Session Time: 1 hour

Resources: <ul style="list-style-type: none">• Mat room• First aid kit/AED• Replica firearms (1 per pair of students)	
Session Summary: The students will review all ground control techniques. There is no new content being taught.	
Outline	Instructor Notes
There is no new content for this module.	Review and drill (1 hour): <ul style="list-style-type: none">• Mount control• Side control• Control holds and handcuffing• Sprawl• Mount escapes• Side control escapes• Guard getup