### Event 2 – Force Options – ARCON Session 27 – Handgun Retention LD 33 – Arrest and Control

## Date Revised: 11/06/19

**Event Goal:** To teach recruit officers how to control and arrest a suspect.

Session Goal: To teach recruit officers how to maintain control of their firearm.

## Learning Objectives:

- Describe factors involved in retaining a peace officer's firearm [33.VI.A]
- Demonstrate the basic techniques for peace officers to safely maintain control of their firearm in a physical conflict [33.VI.B]
- The student will demonstrate an understanding of how our Department's guiding value of Reverence for Human Life is the moral and ethical foundation of de-escalation, tactics, reasonable force, and officer safety.
- By the conclusion of the training, students will understand how the application of this training is in keeping with our Department's UOF policy, philosophy and tactical planning.

### Session Time: 3 hours

#### **Resources:**

- Mat room
- First aid kit/AED
- Replica firearms (1 per pair of students)

**Session Summary:** The instructor will lead a facilitated discussion. Students will then learn weapon retention techniques from the unholstered position, holstered front, and holstered rear.

|    |              |      | Outline   | Instructor Notes                         |  |  |  |
|----|--------------|------|---|--|--|--|--|
| ١. | На           | ndgi | un retention  | Facilitated discussion (in classroom     |  |  |  |
|    | Α.           | Ge   | neral principles [1][33.VI.A]                       | formation, 15 minutes):                  |  |  |  |
|    | 1. Awareness |      |   |  |  |  |  |
|    |              |      | a. Increased awareness can avert tragedy            | [1] Ask – What are some of the important |  |  |  |
|    |              |      | <ul> <li>Limit the suspect's opportunity</li> </ul> | general principles of weapon retention?  |  |  |  |
|    |              | 2.   | Know your equipment                                 |  |  |  |  |
|    |              |      | a. Know the function of your holster                |  |  |  |  |
|    |              |      | b. Know the limitations of your holster             |  |  |  |  |
|    |              |      | c. Be familiar with the locations of all your       |  |  |  |  |
|    |              |      | weapons   |  |  |  |  |
|    |              |      | 1) Firearm  |  |  |  |  |
|    |              |      | a) Primary  |  |  |  |  |
|    |              |      | b) Backup   |  |  |  |  |
|    |              |      | 2) Taser  |  |  |  |  |
|    |              |      | 3) Knife  |  |  |  |  |

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| LD 33 – Arrest and C   | .0111101                                 |
|--|--|
| 4) OC spray  |  |
| 5) Batons  | [2] Ask – When should you use your radio |
| 3. Radio communication [2]   | to call for help?                        |
|  |  |
|  |  |
| of your weapon   |  |
| b. Do not risk losing your weapon because  |  |
| you are attempting to get on the radio   | [3] Ask – What should you verbalize to   |
| 4. Verbalization [3]   | your partner?                            |
| a. Communicate with your partner   | • Why is it important to be specific?    |
| 1) Immediately notify your partner   | ,  |
| that the suspect is attempting to  |  |
|  |  |
| disarm you   |  |
| 2) Be specific about what the suspect is   |  |
| doing  |  |
| <ul> <li>a) Reaching for the weapon</li> </ul>   |  |
| b) Grabbing the weapon   |  |
| c) Has taken the weapon  |  |
| b. Give commands to the suspect  |  |
| 1) Only after you have control of your   |  |
| weapon   |  |
| 2) If appropriate and your weapon is   |  |
| safe   |  |
|  |  |
| 3) Do not be distracted giving   |  |
| commands when you are in the   |  |
| battle for your weapon   |  |
| a) Focus on the technique that you   |  |
| need to use  |  |
| b) Save communication for your   |  |
| partner, updating them of the  |  |
| situation  | [4] Ask – How can using weapon retention |
| B. Reverence for human life [4]  | techniques demonstrate a reverence for   |
| 1. Guiding principle in any use of force   | human life?                              |
|  | numan me:                                |
| situation  |  |
| 2. It is both moral and ethical to place the   |  |
| highest value on human life  |  |
| 3. Not policy, but a philosophy for how to   |  |
| approach police work   |  |
| 4. Consistent with the department's mission,   |  |
| vision, and values   |  |
| 5. Helps build public trust  |  |
| 6. Using tactical de-escalation techniques and   |  |
| reasonable force demonstrates this principle   | [5] Ask – What is the department policy  |
| C. Tactical de-escalation policy <b>[5]</b>  | on attempting to de-escalate prior to    |
| 1. Officers shall attempt to control an incident                                       | using force?                             |
|  |  |
| <ol><li>By using time, distance, communications,<br/>and available resources</li></ol> |  |
| and available resources  |  |
| 3. To de-escalate the situation  |  |

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| LD 33 – Arrest and C                                  | control  |
|---|--|
| 4. Whenever it is safe and reasonable to do so        | [6] Ask – Why is it important to continue          |
| D. Handgun retention techniques [33.VI.B][6]          | training these techniques after the                |
| 1. Unholstered [7]                                    | academy?   |
| a. Key points   | Seeking:   |
| 1) Lower your center of gravity and                   | These skills are perishable                        |
| aim the muzzle at the center body                     | • You never know when you will need                |
| mass of the suspect                                   | them   |
| <ol><li>If reasonable and the situation</li></ol>     |  |
| warrants the use of deadly force,                     | Warm up and stretch                                |
| pull the trigger                                      | Note: All instructor notes regarding               |
| <ol><li>Move the muzzle off target to the</li></ol>   | the number of repetitions may be                   |
| support side  | modified by the instructor based on                |
| 4) Attack with an A-frame kick with                   | the needs of the students, to achieve              |
| your primary leg                                      | proficiency.                                       |
| 5) Step forward and rotate your                       |  |
| firearm so the sights are facing your                 | [7] Demonstrate and drill – Weapon                 |
| support side shoulder                                 | retention – unholstered                            |
| 6) Simultaneously, smash the suspect's                | Demonstrate  |
| wrist with your support side                          | Break down key points and common                   |
| shoulder as you step forward,                         | mistakes   |
| breaking their grip                                   | • Drill step by step                               |
| 7) Deliver a muzzle strike with your                  | <ul> <li>Start slow, one step at a time</li> </ul> |
| weapon to create distance                             | (6-8 reps per step)                                |
| 8) Continue to create distance and give               | <ul> <li>Combine steps until the</li> </ul>        |
| high risk commands                                    | students are fluid in their                        |
| b. Common mistakes                                    | technique  |
| 1) Ineffective attack                                 | <ul> <li>Allow students to practice on</li> </ul>  |
| <ol><li>Pulling the firearm too far and</li></ol>     | their own with increasing                          |
| covering your lead shoulder                           | speed (8-10 reps)                                  |
| <ol><li>Crashing into the suspect when</li></ol>      | • Scenario practice (3-5 reps)                     |
| attempting to break suspect's grip                    | <ul> <li>Unholstered weapon</li> </ul>             |
| on firearm  | retention technique                                |
| <ol><li>Punching out with firearm too close</li></ol> | <ul> <li>Begin high risk commands</li> </ul>       |
| to suspect  | <ul> <li>Suspect charges officer</li> </ul>        |
| 2. Holstered front [8]                                | <ul> <li>Use any reasonable force</li> </ul>       |
| a. Key points   | options  |
| <ol> <li>Cap the butt of the gun with the</li> </ol>  | <ul> <li>Kicks and strikes</li> </ul>              |
| primary side hand driving straight                    | <ul> <li>Holster and move</li> </ul>               |
| down  | offline  |
| <ol><li>Drop your weight and lower your</li></ol>     | <ul> <li>Takedowns</li> </ul>                      |
| center of gravity                                     |  |
| 3) Attack with a strike to the face with              | [8] Demonstrate and drill – Weapon                 |
| your support side hand                                | retention – holstered - front                      |
| 4) Attack with a kick to the A-frame                  | Demonstrate  |
| with your primary leg                                 | Break down key points and common                   |
|   | mistakes   |
|   | Drill step by step                                 |
|   |  |

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| LD 3.                                 | 3 – Arrest and Control                            |
|---------------------------------------|---|
| 5) Sweep the suspect's w              | rist using your o Start slow, one step at a time  |
| support side arm at the               | e (6-8 reps per step)                             |
| wrist/forearm area                    | <ul> <li>Combine steps until the</li> </ul>       |
| 6) Back up, draw your fire            | earm, and give students are fluid in their        |
| high risk commands                    | technique   |
| b. Common mistakes                    | <ul> <li>Allow students to practice on</li> </ul> |
| 1) Capping the wrist                  | their own with increasing                         |
| <ol><li>Ineffective strikes</li></ol> | speed (8-10 reps)                                 |
| 3) Failing to pivot during            | the sweep   |
| 4) Sweeping too high on t             | the suspect's [9] Demonstrate and drill – Weapon  |
| forearm                               | retention – holstered - rear                      |
| E. Weapon retention – holstered rea   | r [9][33.VI.B] • Demonstrate                      |
| 1. Key points                         | Break down key points and common                  |
| a. Cap the butt of the gun wit        | th the primary mistakes                           |
| side hand driving straight o          | down • Drill step by step                         |
| b. Drop your weight and lowe          | er your center o Start slow, one step at a time   |
| of gravity                            | (6-8 reps per step)                               |
| c. Look over your primary she         |   |
| d. Pivot and step deep to the         |   |
| e. Attack with a strike to the        | face with your technique                          |
| support side hand                     | <ul> <li>Allow students to practice on</li> </ul> |
| f. Attack with a kick to the A-       | -frame with their own with increasing             |
| your primary leg                      | speed (8-10 reps)                                 |
| g. Sweep the suspect's wrist          |   |
| support side arm at the wr            | ist/forearm o Ped stop                            |
| area                                  | <ul> <li>Approach to handcuff</li> </ul>          |
| h. Back up, draw your firearm         |   |
| high risk commands                    | officer's weapon                                  |
| 2. Common mistakes                    | <ul> <li>Attempt to keep distance and</li> </ul>  |
| a. Capping the wrist                  | transition to other force                         |
| b. Stepping straight to the sid       |   |
| c. Ineffective strikes                | reasonable)                                       |
| d. Failing to pivot during the        |   |
| e. Sweeping too high on the s         | suspect's techniques if necessary                 |
| forearm                               |   |
|                                       |   |