## **Event 2 – Force Options – ARCON**

Session 30 – Long Gun Takeaways and Retention LD 33 – Arrest and Control

**Date Revised:** 11/06/19

**Event Goal:** To teach recruit officers when and how to use reasonable force.

**Session Goal:** To teach recruit officers how to take away and retain a long gun.

**Required Learning Activity:** [33.XI.B]

Session Time: 1 hour

#### **Resources:**

Mat room

- First aid kit/AED
- Replica firearms (1 per student)

**Session Summary:** Students will learn long gun takeaways from the front and rear.

Outline				Instructor Notes	
1.	A. Front 1  1. Ke a. b. c. d. e. f. g. h. i.	cakeaways and retention long gun takeaway [1] [33.XI.B] by points Redirect the muzzle with your right hand Simultaneously, slide your left hand up to your right shoulder Slide your left hand down your right arm and grab the barrel of the gun with an overhand grip Step forward and attack with a punch to the suspect's face Lace your right hand under the suspect's arm and grab the stock of the long gun Pull the butt of the gun down, close to your body Use your left hand at the barrel to deliver strikes to the suspect's face, stepping forward and to the outside as you strike Rake the barrel straight down the outside of the suspect's arm with your left hand Create distance and safely transition to your firearm mmon mistakes	[1]	Pequired Learning Activity: [33.XI.B]  Demonstrate and drill – Front long in takeaway  Demonstrate  Break down key points and common mistakes  Drill step by step  Start slow, one step at a time (6-8 reps per step)  Combine steps until the students are fluid in their technique  Allow students to practice on their own with increasing speed (8-10 reps)	

#### **Event 2 - Force Options - ARCON**

Session 30 – Long Gun Takeaways and Retention LD 33 – Arrest and Control

- b. Failing to pull the butt of the gun to your body before the second attack
- c. Failing to step forward and to the outside during the secondary attack
- B. Rear long gun takeaway [2]
  - 1. Key points
    - a. Turn and look over your left shoulder to identify the target
    - Redirect the muzzle by blading your shoulders and sweeping your hand behind your back
    - c. Take a big step, deep to the outside of the suspect's feet
    - d. Simultaneously, wrap your left arm deep around the stock of the long gun
    - e. Attack with a punch to the suspect's face
    - f. Lace your right hand under the suspect's arm and grab the stock behind your left hand
    - g. Pull the butt of the gun down, close to your body
    - h. Slide your left hand up to the barrel
    - Use your left hand at the barrel to deliver strikes to the suspect's face, stepping forward and to the outside as you strike
    - j. Rake the barrel straight down the outside of the suspect's arm with your left hand
    - k. Create distance and safely transition to your firearm
  - 2. Common mistakes
    - a. Failure to deliver an effective attack after redirecting the muzzle
    - b. Failing to pull the butt of the gun to your body before the second attack
    - c. Failing to step forward and to the outside during the secondary attack
- C. Long gun retention [3][33.XI.B]
  - 1. Key points
    - a. Lower your center of gravity and pull long gun into a close contact shooting position
    - b. If reasonable and the situation warrants the use of deadly force, pull the trigger
    - c. Move the muzzle off target to the support side
    - d. Attack with an A-frame kick with your primary leg
    - e. Step forward and to the outside

# [2] Demonstrate and drill – Rear long gun takeaway

- Demonstrate
- Break down key points and common mistakes
- Drill step by step
  - Start slow, one step at a time (6-8 reps per step)
  - Combine steps until the students are fluid in their technique
  - Allow students to practice on their own with increasing speed (8-10 reps)

## [3] Demonstrate and drill – Long gun retention

- Demonstrate
- Break down key points and common mistakes
- Drill step by step
  - Start slow, one step at a time (6-8 reps per step)
  - Combine steps until the students are fluid in their technique

## **Event 2 – Force Options – ARCON**

Session 30 – Long Gun Takeaways and Retention LD 33 – Arrest and Control

f.	Simultaneously, rotate the long gun in	
	towards your body with both hands	

- g. Turn towards the suspect and sweep the barrel straight down, keeping the muzzle on target
- h. Create distance and give high risk commands
- 2. Common mistakes
  - a. Ineffective attack
  - b. Failing to rotate the long gun prior to sweeping down

 Allow students to practice on their own with increasing speed (8-10 reps)