

Event 2 – Force Options – ARCON
Session 33 – Control Hold Scenarios
LD 33 – Arrest and Control

Date Revised: 11/06/19

Event Goal: To teach recruit officers when and how to use reasonable force.

Session Goal: To teach recruit officers how to use control holds to take an uncooperative suspect into custody.

Learning Objectives: Students will take an uncooperative suspect into custody using a control hold technique.

Session Time: 1 hour

Resources: <ul style="list-style-type: none">• Mat room or PT field• First aid kit/AED	
Session Summary: The session begins with a review of control holds and takedowns. Next, the students will participate in a learning activity where they will practice using a control hold to take an uncooperative suspect into custody.	
Outline	Instructor Notes
There is no new content in this module.	➤ Warm-up and stretch Run learning activity (1 hour) – <u>Control Holds Scenarios</u>

Event 2 – Force Options – ARCON

Session 33 – Control Hold Scenarios

LD 33 – Arrest and Control

Learning Activity – Control Holds Scenarios

Purpose: This learning activity gives students the opportunity to practice the techniques they have learned within the context of a real use of force scenario. This drill will help the students to develop their reflexes in responding to common suspect behaviors, enhance their fluidity in using techniques in combination with one another, and reinforce the key points of previously learned techniques.

Description: The students will work in pairs, with one student playing the role of the officer and the other playing the role of the suspect. The instructor will give the students a mock scenario to role play, which will include an unresponsive or uncooperative suspect. The student will begin by going code 6 at the location and approaching the suspect. They will give pedestrian stop commands. The suspect can choose to be unresponsive, uncooperative, or passively resist at any time during the scenario. The officer should respond appropriately based on the indicators presented by the suspect. If appropriate, the student can push the suspect away, create distance, and simulate transitioning to other force options. Each scenario should be slightly different and the suspects should focus on providing good suspect behavior to simulate a real use of force.

The instructors will demonstrate the drill prior to sending the students out to practice. The students should be encouraged to start slow and increase speed with each repetition, but only if the officer can maintain proper technique. They should also be encouraged to help each other and correct each other's mistakes after each repetition. The instructor should direct the students to complete six repetitions each for a total of 12 repetitions per pair. The instructor should reiterate each of the safety considerations previously taught for each of the techniques involved in the scenario.

Once the students have completed 12 repetitions the class should be brought in for questions. The instructors should answer any questions that came up during the drill, and review any common mistakes that they noticed while observing the drill.

Resources needed:

- Mat room
- First aid kit

Key learning points:

- Give clear, concise commands
- Use the appropriate force when necessary
- Keep your hands up when approaching
- Handcuff a resistant suspect as soon as possible

Time required: 1 hour