

Stand Alone 6 – First Aid
Session 13 – Traumatic Injury Learning Activity
LD 34 – First Aid

Date Revised: 11/24/19

Course Goal: To teach recruit officers how to provide first aid and CPR.

Session Goal: To provide a learning activity that will allow the recruit to practice their skills and knowledge relating to the rescue, evacuation, treatment, and transportation of a victim with a traumatic injury.

Learning Objectives:

- The student will participate in a learning activity that will simulate a comprehensive response to a traumatic injury which will include rescue, evacuation, treatment and transportation [34.VIII.F].

Learning Activity – Traumatic Injury

Purpose: Peace officers must understand their roles and responsibilities in tactical emergency situations. They may be called upon to enter hot zones, where the threat is still high, and be prepared to engage any threats. Officers must also be prepared to perform assessment and immediate treatment of victims and extract those victims to warm and cold zones for further treatment.

Description: The instructor will begin the activity by explaining the purpose and expectations. For each repetition, 2 students will be assigned as officers. One student or instructor will be role-playing the victim, and the rest of the students will wait for their turn. The victim will have multiple gunshot injuries, necessitating either wound packing or application of a tourniquet for bleeding control. The pair of students will be told there is an active shooter at the location and possible victims. Each pair of officers will enter the location and secure the area. They will then extract the victim from the hot zone to the warm zone. Once in the warm zone they will conduct a victim assessment and treat any immediate needs. The students should recognize, both through verbal interaction and/or the observation of fake blood on the victim, where the victim has been shot and should immediately determine how to stop the bleeding. Once the appropriate treatment has been applied, the students will evacuate the victim into the cold zone. The students will radio for a rescue ambulance and will conduct further assessment and perform any further treatment they deem necessary (i.e. CPR). Once they have radioed for the rescue ambulance and performed further treatment the scenario will be over.

The instructor will run a facilitated debrief after all of the students have been through the scenario, focusing on the concepts of rescue, evacuation, treatment, and transportation and addressing any questions or concerns.

Resources needed:

- Designated training area

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- Fake blood
- Training tourniquets, bandages, and chest seals
- Replica handguns/long guns

Key learning points:

- Rescue concepts in active shooter situations
- Assessment and treatment in the hot and warm zones
- Evacuation and transportation

Time required: 50 minutes