

LOS ANGELES POLICE DEPARTMENT
Stand Alone 07– LD 35 Firearms
Session No. 8 – Harries Flashlight Technique/Trigger Drills

Hours: 3

LD 35 (RBC Calendar Location Week 6)

LOCATION: Range

TRAINING NEEDS: Pistol, Flashlight

HANDOUTS: None

I. Conduct drills to reinforce the previously taught pistol manipulation skills:

A. Assemble the class on the range and conduct training drills to reinforce the following pistol manipulation skills that have been previously taught.

1. Drawing and Holstering
2. Chamber Checks: Daytime and Low-Light
3. Loading and Unloading
4. Tactical Reload
5. In-Battery and Out-of-Battery Speed Reloads
6. Failure to Fire Malfunction
7. Failure to Eject Malfunction
8. Failure to Extract Malfunction
9. Field Stripping and Lubrication Points

II. Introduction to the Harries Flashlight Technique

A. Explain the following information regarding the Harries Flashlight Technique to the recruits in a class circle. Refer to Chapter 9 in the Basic Firearms Manual.

1. The Harries Flashlight Technique can be utilized with both the Isosceles and Weaver Stance.
2. Either stance allows the proper positioning of the back of each hand against each other while holding the flashlight in the support hand and the pistol in the primary hand.
3. A back of the primary hand to the back of the support hand position is used to apply isometric tension against each other in order to stabilize and control the gun while firing.
4. This technique also allows the independent movement of the flashlight when moving and searching while keeping the muzzle of the gun pointed in a safe direction
5. The Harries Flashlight Technique can be performed with a side or rear flashlight activation button.

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- B. Introduce and demonstrate the steps for drawing, holstering, and performing a tactical reloading using the Harries Flashlight Technique.
1. In a class circle, explain and demonstrate the steps for drawing and holstering the pistol utilizing the Harries Flashlight Technique as per Chapter 9 in the LAPD Basic Firearms Manual.
 2. Then explain and demonstrate the proper steps for conducting a tactical reload utilizing the Harries Flashlight Technique.
 3. Remind the recruits that they can review all pistol manipulations by watching the firearms training video on their Academy DVD, as well as reading their issued LAPD Basic Firearms Manual.
- C. PRACTICAL APPLICATION: Harries Flashlight Technique – Presentation and Tactical Reload.
1. Return the recruits back to their training formation and conduct drills to teach and reinforce the proper techniques for drawing, holstering and performing a tactical reload utilizing the Harries Flashlight Technique.
 2. Have the students load snap caps in each of their three magazines.
 3. Reinforce the proper steps for loading and unloading as the students conduct drills to learn and reinforce the Harries Flashlight Technique.
 4. Remind the students that both elbows will be slightly bent to allow the application of isometric tension side to side.

III. Live-Fire Range Drills: Trigger Drills

- A. Assemble the recruits on the range.
- B. In each lane, have the recruits place a pie-plate target in the left target frame and a silhouette target in the right target frame.
- C. Bring the recruits into a class circle and explain the following information about trigger drills.
- Trigger drills are used to breakdown the elements of marksmanship into its integral parts, thus making it easier for the novice or remedial shooter to understand or to diagnose marksmanship issues.
 - Trigger drills can be used also by experienced shooters to enhance and maintain their higher skill levels.
- D. Explain and demonstrate the following trigger drills using another instructor to act as the shooter.

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- E. Have the recruits load three magazines to capacity with all live ammo.
- F. The primary instructor may choose to utilize all or any combination of the following trigger drills.
 - 1. Trigger Drill One
 - a. The student holds and aims the pistol.
 - b. The instructor presses the trigger. This drill is used to verify that the student is using proper sight alignment/picture.
 - 2. Trigger Drill Two
 - a. The instructor holds and aims the pistol. The instructor presses the student's finger that is on the trigger.
 - b. The student monitors the pressure applied by the instructor. This drill is used to demonstrate what a proper trigger press is.
 - 3. Trigger Drill Three
 - a. The student holds and aims the pistol. The instructor presses the student's finger that is on the trigger.
 - b. The student monitors the trigger press while maintaining sight alignment.
 - 4. Trigger Drill Four
 - a. The student holds and aims the pistol and presses the instructor's finger that is on the trigger.
 - b. This drill allows the student the opportunity to combine the basic elements of sight alignment and trigger control, while the instructor monitors the trigger pressure.

III. Live-Fire Range Drills: Skip Loading

- A. If time permits, introduce and explain the process of skip loading.
- B. The pistol is loaded with a combination of snap caps and live rounds.
- C. Since it is unknown by the shooter whether a live round or snap cap is in the chamber, trigger control can be monitored.
- D. Depending on the time left in the session, have the recruits load one or two magazines with a high number of snap caps and low number of live rounds. For example, magazines could be loaded 6 snap caps and 3 live rounds, or 10 snap caps and 5 live rounds.
- E. Instruct the recruits to fire the skip loaded magazine(s) on the silhouette target at the 30-foot line.
- F. Have the line instructors evaluate the targets and give feedback to the recruits they are overseeing.

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G. Clean up and Conclusion

1. Pick up all snap caps and magazines. Conduct a visual inspection of all magazines before having the recruits put them away in their range bags.
2. Have the recruits return their pistols to the gun boxes.
3. Remind the recruits to practice their manipulations and dry practice with their pistols at home.
4. Instruct the recruits to read Chapter 9 in their Basic Firearms Manual in preparation for the next session where they will learn how to use the Harries Flashlight Technique to draw, holster and perform a tactical reload with their pistol.