#### LOS ANGELES POLICE DEPARTMENT Stand Alone 07 – LD 35 Firearms Session No. 19– Defensive Response Options and Introduction to Day Combat

Hours: 2

# LD 35 (RBC Calendar Location Week 11)

LOCATION: Range TRAINING NEEDS: None HANDOUTS: None

## I. Introduction to Defensive Response Options

(1/2 hour)

- A. Review with the recruits in a class circle, the following Defensive Response Options as outlined in Chapter 4 of the LAPD Basic Firearms Manual.
  - 1. Balancing Speed and Accuracy
  - 2. Flash Sight Picture
  - 3. Compressed Surprise Break
  - 4. Concealment
  - 5. Single Shot
  - 6. Multiple Body Shots
  - 7. Multiple Targets
  - 8. Movement with the Firearm

# II. Live-Fire Range Drills: Double-Kneeling Position using cover (1 hour)

- A. Explain and demonstrate the double-kneeling position using the blue, wood barricades for cover and support.
  - 1. Explain how to comfortably and safely assume the kneeling position.
  - 2. Explain how to safely recover to the standing position (assess, stand, assess).
- B. Instruct the recruits to skip load two magazines 10L/ 5S.
- C. Have the recruits fire one skip loaded magazine from the 51 foot line while kneeling and using the blue, wood barricades for cover and support with NO time limit. Have them begin with an empty chamber. They should reload on their own and wait for commands in the kneeling position.
- D. Give commands to have the recruits stand together. Ensure that they properly scan and assess and safely holster.
- E. Have the recruits move forward, evaluate the targets and mark the holes.
- F. Repeat the same process with the second magazine.
- G. Have them stand together and clear and holster an empty pistol.
- H. Again move forward, evaluate the targets, and then post a clean target.
- I. Instruct the recruits to load two magazines with 12 live rounds in each.
- J. Conduct a drill where the recruits begin standing at the 60 foot line and move forward to the barricade at the 51 foot line when the targets face, kneel and fire

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two body shots on each target in their lane using the barricade for cover and support.

- K. Evaluate the targets after shooting the first magazine and then repeat the drill with the second magazine. Mark the holes on the targets.
- L. Leave the shot-on targets in the frames for the next drills since the heads of the targets should be clean.

### III. Live-Fire Range Drills: Headshots

- A. Instruct the recruits to skip load two magazines with 10 live and 5 snap caps per magazine. Have the recruits exchange magazines with a partner.
- B. Fire the first magazine from the 30 foot line at the head of the right target. Begin with an empty chamber.
  - 1. Remind the recruits to perform an out-of-battery speed reload when their pistol goes to slide lock.
  - 2. There should be no time limit for the first magazine.
  - 3. Evaluate the targets- and give positive feedback to the recruits.
- C. Fire the second magazine from the 30 foot line again at the head of the left target.
  - 1. Have the recruits utilize a self-imposed time limit of 2 seconds per headshot for this magazine.
  - 2. When the shooter has completed the magazine, have them stand by at slidelock to be inspected by an instructor.
  - 3. Once the line has been cleared by the rangemaster, move forward and evaluate the targets and give positive feedback to the recruits.
- D. Clean up and Conclusion
  - 1. Pick up all snap caps and magazines. Conduct a visual inspection of all magazines before having the recruits put them away in their range bags.
  - 2. Have the recruits return their pistols to the gun boxes.
  - 3. Remind the recruits to practice their manipulations at home, as well as to drypractice.