

LOS ANGELES POLICE DEPARTMENT
Stand Alone 7– LD 35 Firearms
Session No. 40 – Intro to the LAPD Bonus Course

Hours: 3

LD 35 (RBC Calendar Location Week 18)

LOCATION: Range

TRAINING NEEDS: None

HANDOUTS: None

I. Introduction to the LAPD Bonus Course

- A. Assemble the recruits on the range in a class circle and explain the following information regarding the LAPD Bonus Course. Refer to the LAPD Basic Firearms Manual, Appendix K when presenting the information.
- B. The LAPD Bonus Course of Fire consists of the following 6 Phases of fire:
 - 1. Phase One: 4 body shots in 3 seconds (2 on the right target and 2 on the left target). The targets will turn away. When they face back, 2 head shots in 1.5 seconds (1 round on each head). Start in a close contact position at the 21 foot line.
 - 2. Phase Two: 6 body shots in 3.5 seconds (2 on the right target, 2 on the left target, and 2 on the right target). Start in a close contact position at the 21 foot line.
 - 3. Phase Three: This is a repeat of Phase One, except the starting position is a. low ready position at the 30 foot line.
 - 4. Phase Four: 2 body shots in 2 seconds (First pair on the left target, second pair on the right target, third pair on the left target). Start in a low ready position at the 30 foot line. Between each pair of body shots, the shooter must return to a low ready position.
 - 5. Phase Five: 10 single body shots in 30 seconds (alternating right target, left target throughout). Standing at the 51 foot line with 4 rounds loaded in the holstered pistol and 6 rounds in the spare magazines. When the targets face, the shooter will draw and fire 4 single body shots, alternating right target, left target, etc. The shooter will perform an out-of-battery speed reload with a 6-round magazine. The shooter will continue to fire the last 6 single body shots alternating right target, left target, etc.
 - 6. Phase Six: (Barricade positions). 2 single body shots in 4 seconds (1 on the right target and 1 on the left target). There are three barricade positions used during this phase (right-hand, right-side of the barricade, left-hand, left-side of the barricade, and a kneeling position). A shooter will begin each barricade position with their sights aligned on the target and their trigger finger on the trigger.

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B. The method of scoring used is the Ring Scoring Method, where each shot receives the same amount of points as the ring it lands in. Additional rounds in the head in excess of the two required will be scored as 5 points.

C. SHOOTING MEDALS AND BONUS PAY

Distinguished Expert	385 point average over 6 consecutive months	\$32.00 per pay day
Expert	380-400 points	\$16.00 per pay day
Sharpshooter	340-379 points	\$8.00 per pay day
Marksman	300-339 points	\$4.00 per pay day

An officer may shoot bonus for qualification during pistol qualification cycles they are required to qualify. A ring score of 280 or better is required to qualify. If an officer is qualifying, they will only be given 30 rounds. The officer must provide the additional 10 rounds of practice ammunition. **THE OFFICER SHOULD NOT USE THEIR DUTY AMMUNITION!** If the officer is qualifying during a duty ammunition cycle, they will be required to turn in twenty rounds of their duty ammunition to the Range Officer, use their remaining thirty rounds plus ten additional, personally provided rounds of practice ammunition to qualify.

II. Live-fire Range Drills: Introduction to Phases 5 & 6 of the Bonus Course

- A. Instruct the recruits to load one magazine with 10L/ 5S and one magazine 10L/ 1S.
- B. Conduct a skip loading drill at the 51 foot line where the recruits fire single body shots with the skip loaded magazine with no time limit. Remind the recruits that they should only move to the next target after a live round and instruct them to reload and holster when they finish the first magazine.
- C. When the line is safe, move forward, evaluate the targets and mark the holes.
- D. Repeat the drill with the second magazine. Have the recruits use a self-imposed time limit of 2 seconds per shot. Instruct the recruits to clear and holster an empty pistol when they are done.
- E. When the line is safe, move forward, evaluate the targets and mark the holes.
- F. Instruct the recruits to load two magazine of 4 rounds and two magazines of 6 rounds.
- G. Practice Phase 5 of the Bonus course twice to time.
- H. Replace the targets with clean targets.
- I. Instruct the recruits to load 3 magazines with 12 live rounds in each magazine.
- J. Conduct drills to practice Phase 6 of the Bonus course at the 75 foot line using the barricades.
- K. Replace the targets with clean targets.

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III. Live-fire Range Drills: Introduction to Phases 1,2,3, & 4 of the Bonus Course

- A. Instruct the recruits to load 5 magazines to capacity.
- B. Conduct drills practice Phases 1 and 2 at the 21 foot line.
- C. Replace the targets with clean targets
- D. Instruct the recruits to load 5 magazines to capacity.
- E. Conduct drills to practice Phases 3 and 4 at the 30 foot line. Phase 4 of the Bonus Course is the same as Phase 2 of the Department 30-round Combat Qualification Course. Therefore, the recruits should be familiar with this phase of fire.
- F. When conducting the drills for phases 1,2, and 3, use the principle of “earning the next round”. This involves keeping the phase-specific time limit the same for each drill and having the recruits begin firing 2 less rounds than the phase requires. The recruit earns the next shot by keeping all of the rounds fired in the 9 and 10 ring. The recruit does not go backwards in the number of shots they fire. They will keep working on that particular number of rounds they have earned until they keep that number of shots in the 9 and 10 ring in the prescribed amount of time. In this way, the individual shooter learns to maintain an acceptable accuracy standard given a set time limit.
- G. When the recruits have completed this block of training, replace the targets with clean targets. Instruct the recruits to write their names and serial numbers on their targets along with a Left and Right marked on the corresponding target. This will be used when scoring the targets and entering the scores into SQUAB.
- H. Instruct them to load 5 magazines with 6 rounds in each magazine. Then give the recruits a short break. Instruct the recruits to leave the loaded magazines on their range bags when leaving the range.

IV. Live-fire Range Drills: The Bonus Course

- A. Assemble the recruits on the range and explain to them that they will now shoot the LAPD Bonus Course for actual score. Remind them of the rules for shooting the course. Also remind them to listen to the range commands and to follow them. If they have any questions, answer them at this time.
- B. Dismiss the recruits to their shooting lanes. Remind them to pick up their 5 loaded magazines and ensure that they have 10 extra rounds of ammunition at the 51 foot line. Instruct them to move to the 21 foot line to begin the Bonus Course.
- C. Conduct the 40-round Bonus Course.
- D. When the recruits are done shooting and the line is safe, have the instructors move forward and collect the recruits’ targets. Have the instructors keep the targets in order and take them to the scoring area and enter the recruits’ scores into SQUAB.
- E. Because a shooter can only shoot the Bonus Course one time per day for score, the scores from this relay will count for score for the recruits.
- F. If time permits, the recruits may shoot the Bonus Course again as practice only. Have the recruits score their own targets to see if they shot a better score or a lesser score.
- G. Have the recruits clean up the range.

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- H. Distribute the SQUAB Bonus Receipts to the recruits. Review the layout of the receipts so the recruits become familiar with how to read the receipts. Instruct the recruits to retain these receipts to use to receive their Bonus Shooting Medals before their badge ceremony.
- I. Remind the recruits to continue to dry practice, as well as review their pistol and shotgun manipulations, as they enter into their training rotations where they will receive their nighttime firearms training and testing.