

## Resources

### Suicide Prevention and Survivor Hotline

(24 hours/7 days)

Los Angeles/Orange/Ventura/San Bernardino/Riverside/Imperial Counties:

English - (800) 273-8255

Spanish – (888) 628-9454

#### **Additional:**

CrisisChat.org

<http://www.suicide.org/hotlines/california-suicide-hotlines.html>

#### **Text Crisis Line**

Text START to 741-741

[www.Crisistextline.org](http://www.Crisistextline.org)

#### **Substance Abuse Hotline**

(800)662-4357

[www.samhsa.gov/find-help/national-helpline](http://www.samhsa.gov/find-help/national-helpline)

#### **California Youth Crisis Hotline**

(800) 843-5200 (24 hours/7 days)

Teen Hotline (800) 852-8336 (6pm-10pm)

[www.Calyouth.org](http://www.Calyouth.org)

#### **Veteran's Crisis Line**

(800) 273-8255 Press 1

Text:838255

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

#### **Cohen Military Family Clinic**

(844) 336-4226

[cohenveteransnetwork.org](http://cohenveteransnetwork.org)

#### **National Alliance on Mental Illness**

NAMI in LA County (213) 386-3615

(800) 950-NAMI (6264)

[www.namiglac.org](http://www.namiglac.org)

#### **Los Angeles LGBT Center**

(323) 993-7400

[www.lalgbtcenter.org/health-services/mental-health](http://www.lalgbtcenter.org/health-services/mental-health)

#### **Family Services**

(888) 683-5084 Toll Free

[contact@thevillagefs.org](mailto:contact@thevillagefs.org)

#### **Autism Society of Los Angeles**

(424) 299-1531/ Warmline:(310) 853-2151

[www.AutismLA.org](http://www.AutismLA.org)

#### **Women and Children Crisis Shelter**

(562) 945-3939

[www.wccshope.org](http://www.wccshope.org)



### Systemwide Mental Assessment Response Team (SMART)

SMART was established to prevent unnecessary incarceration and/or hospitalization, provide alternate care in the least restrictive environment and to support patrol.

### Case Assessment Management Program (CAMP)

CAMP was established as a follow-up program for SMART. The focus of CAMP is to investigate high utilizers of emergency service, use of force, targeted school violence, incidents with increasing risk behavior, incidents involving weapons, and to help link individuals to resources.

### Los Angeles Police Department Mental Evaluation Unit

100 West 1st Street

Room 630

Los Angeles, CA 90012

Social Media:

Twitter: @lapdmeu

## Los Angeles Police Department

# Community Mental Health Resource Guide



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.

## Department of Mental Health

LAPDONLINE.ORG  
DMH.LACOUNTY.GOV

## Crisis Response

### CALL 911

When your family is experiencing an emergency that puts yourself, your loved one, and/or the public in immediate danger, call 911.

While speaking to the 911 dispatcher use the **911 Checklist** to provide helpful information to the responding Officers.

LAPD will send a patrol unit to stabilize the crisis and detain the loved one for a mental health evaluation. During the detention officers will likely handcuff the loved one for everyone's safety and because it is LAPD's policy.

*"Statistics show that when officers handcuff a person who is in crisis, the application of force by officers is significantly reduced."*

When the scene is stabilized, a Systemwide Mental Assessment Response Team (SMART) unit will respond, if available, to provide mental health assistance.



(Maya Sugarman/KPCC)

## Mental Health Emergency

### CALL ACCESS (800)854-7771

For psychiatric emergency incidents involving mental illness that do not require a 911 response, please call ACCESS 24/7.

When you call ACCESS a Psychiatric Mobile Response Team (PMRT) will respond, if available, to your location.

ACCESS is a Department of Mental Health service for all members of the Los Angeles County community.

### Department of Mental Health Clinics

#### Central Los Angeles

**Northeast Mental Health** 3303 N. Broadway, LA, CA 90031 **(323) 478-8200**

**Downtown Mental Health** 529 Maple Ave., LA, CA 90013 **(213) 629-6200**

#### South Los Angeles

**Long Beach Mental Health** 1300 Redondo Ave., Long Beach, CA 90806 **(562) 599-9280**

**San Pedro Mental Health Clinic** 150 W 7<sup>th</sup> St., San Pedro, CA 90731 **(310) 519-6100**

#### San Fernando Valley

**San Fernando Mental Health** 10605 Balboa Blvd., Granada Hills, CA 91344 **(818) 832-2400**

**West Valley Mental Health Center** 20151 Nordhoff St., Chatsworth, CA 91311 **(818) 407-3200**

#### West Los Angeles

**Edelman West Side Mental Health Center** 11080 W. Olympic Blvd., LA, CA 90064 **(310) 966-6500**

**Didi Hirsch Community Mental Health** 4760 S. Sepulveda Bl., Culver City, CA 90230 **(310) 895-2300**

#### Additional information

<https://locator.lacounty.gov/dmh>

## Develop a Care Plan

### National Alliance on Mental Illness

**NAMI** helps families and consumers by offering **E**ducation, **A**dvocacy, **S**upport and **R**esources.

*Find HELP, Find HOPE*

CALL (800)950-6264

[www.namiglac.org](http://www.namiglac.org)



211 is a service that can link you to countywide programs. When struggling to find answers for a family member that may be suffering from mental illness, this toll-free phone number is a great place to start.

When you call, expect to follow a few automated prompts before you speak to a person.

#### **What is a 5150 Hold?**

*During a mental health crisis, officers/clinicians will detain the subject to determine if he/she meets the criteria for a 5150 WIC application for a 72-hour hold. Subjects will be assessed for the danger they pose to themselves, danger they pose to others, and for grave disability. The officer's determination will be based on physical evidence, the subject's history, the subject's statements, and reliable witness statements.*