

# suicide prevention hotlines & resources

<b>988 SUICIDE PREVENTION AND MENTAL HEALTH CRISIS LIFELINE*†</b>	Call/Text 9-8-8 or visit <a href="https://www.988lifeline.org">988lifeline.org</a> Press 1 for the Veterans Crisis Line
<b>CRISIS TEXT LINE*†</b>	Text "HOME" to 741-741
<b>DMH ACCESS WARM LINE*†</b>	Call 1-800-854-7771
<b>DISASTER DISTRESS HOTLINE*†</b>	Call 1-800-985-5990
<b>TEEN LINE (HOTLINE FOR TEENS BY TEENS)</b>	Call 310-855-4673 (6-10 pm PST) Text "TEEN" to 839-863 (6-9 pm PST)
<b>CALIFORNIA YOUTH CRISIS LINE*</b>	Call/Text 1-800-843-5200
<b>TREVOR PROJECT*</b>	Call 1-866-488-7386 or Text "START" TO 678-678
<b>211 LA *† (GUIDE TO LA COUNTY SERVICES &amp; REFERRALS)</b>	Call 211 or visit <a href="https://www.211la.org">211la.org</a>
<b>COPLINE*</b>	Call 1-800-267-5463 Visit <a href="https://www.copline.org">copline.org</a>
<b>DMH OLDER ADULT SERVICES</b>	Visit <a href="https://dmh.lacounty.gov/our-services/older-adults">dmh.lacounty.gov/our-services/older-adults</a>
<b>SUICIDE PREVENTION LIFELINE - NATIVE AMERICANS AND ALASKAN NATIVES</b>	Visit <a href="https://www.988lifeline.org/help-yourself/native-americans">988lifeline.org/help-yourself/native-americans</a>
<b>LOS ANGELES COUNTY YOUTH SUICIDE PREVENTION PROJECT</b>	Visit <a href="https://www.preventsuicide.lacoe.edu">preventsuicide.lacoe.edu</a>
<b>KNOW THE SIGNS</b>	Visit <a href="https://www.suicideispreventable.org">suicideispreventable.org</a>
<b>LOS ANGELES SUICIDE PREVENTION NETWORK</b>	Visit <a href="https://www.lasuicidepreventionnetwork.org">lasuicidepreventionnetwork.org</a>

\*Available 24/7 | † Resource available in additional languages.