

LOS ANGELES POLICE DEPARTMENT
Bicycle Rapid Response Team
1850-23842
Safety Policy

I. RULES OF SAFETY AND CONDUCT

A. General Rules

1. Instructor(s) shall conduct a safety brief with all students at the beginning of each training day at each critical stage of the training/testing as needed.
2. Instructor(s) shall supply, in written form, the safety/facility rules to each student.
3. Instructional staff shall assign specific safety roles to students/staff in the case of emergencies. Those roles shall include:
 - a. Pathfinders/guides for responding emergency medical personnel
 - b. Radio/telephone communications for emergency response and required chain of command notification(s)
 - c. AED operator(s)
 - d. Identify students/staff, if any, with advanced medical training (Emergency Medical Technicians, Paramedics, etc.)
4. Training shall be conducted in a manner designed to minimize any risk of injury and to promote student, staff, and instructor safety.
5. Clothing and footwear appropriate to the training, relevant terrain and any course(s) of fire shall be required.
6. Prior to the commencement of training Instructors shall brief the location(s) of staging area(s) for students and staff not involved in the training, restrooms, and drinking water.
7. There shall be a fully equipped first aid/trauma kit and Automated External Defibrillator (AED) readily accessible as well as qualified personnel to use them.
8. Instructors/scenario evaluators shall be aware of the tendency of some students and role players to be overly aggressive or competitive while engaged in training activities/testing, thereby increasing the potential for injury to the student and/or role player(s). Necessary and appropriate steps shall be taken to ensure the safety of all participants.
9. Instructor(s) shall lead a warmup prior to the start of psychomotor skills training, and a cooldown upon completion.
10. All students participating in training shall notify the instructor of all medical restrictions prior to beginning training.
11. Students shall be instructed to immediately report any perceived safety hazard to the instructors.

B. Course Specific Rules

1. Instructor(s) shall conduct a safety brief with all students immediately prior to any riding activities.
2. Instructors who present arrest and control content shall meet the instructor training course requirements delineated in section 1070(b) for Arrest and Control Techniques.
3. Instructors who present baton/impact weapons content shall meet the instructor training course requirements delineated in section 1070(b) for Baton/Impact Weapons.

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4. Instructors are required to have successfully completed the Bicycle Patrol 1850-23820 course or equivalent.
5. Support personnel who have successfully completed the Bicycle Patrol 1850-23820 course, or equivalent, may be used as road guards during rides, support vehicle operations and site security. Support personnel do not count toward instructor-to-student ratio.
6. Primary Instructors shall lead the class on rides, support personnel may act as Road Guard Safety Officer (Road Guards wear fluorescent vest for identification and road safety purposes when conducting off facility maneuvers):
 - a. Road Guards ride ahead to stop traffic at intersections
 - b. Trail behind to ensure all student riders are accounted for
 - c. Provide immediate assistance to any student rider who requires assistance
7. Instructors shall conduct a briefing of role players before the commencement of scenario training or event simulations.
8. Manipulative skills training/testing shall be held in facilities and sites with controlled access to ensure that uninvolved individuals and vehicles do not present safety hazards.
9. Instructors shall follow recognized training principles in the delivery of manipulative skill training to minimize the potential for accidents and injuries.
10. When training is moved to more remote areas, instructors shall have communication equipment and additional site-specific safety equipment available.
11. Bicycles used for training shall be appropriate for law enforcement use, in good working order, adequately equipped, properly sized for each specific rider, and approved by the presenter.
12. Instructors shall frequently inspect brakes, wheels, tires, suspension components, chain, cables and related bicycle equipment.
13. Presenters shall require students to use approved safety equipment including helmets, and eye protection while operating a bicycle.
14. Presenters shall inspect all safety equipment prior to use.
15. All bicycle helmets shall meet the Snell standards or standards of the U.S. Consumer Products Safety Commission (CPSC).
16. If electric bicycles are authorized for use in any type of bicycle training, they shall comply with the California Vehicle Code.
17. Students shall remove glasses, watches, rings, necklaces, earrings and other jewelry when their presence presents a safety risk.
18. The stop word for instructors and students is "BREAK!" All activity shall stop when a student or an instructor says "BREAK!"

C. Site Specific Rules

1. Facilities shall be large enough to provide students and staff with the space needed to safely perform the training activity or task involved and easily exit in the event of an emergency.
2. The training staff shall ensure that emergency communications (phone, radio, or other means) are readily available at all training sites.

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3. Instructors shall be familiar with the training location and advise all students and instructors of special safety concerns (fire danger, hazardous areas, etc.)
4. All offsite training/testing locations shall be inspected in advance for adequacy of exercise surfaces, lighting, traffic safety, security, and related considerations.
5. When appropriate, access to area(s) (cone pattern, parking area, etc.) shall be restricted/limited to ensure that uninvolved vehicles and pedestrians do not present safety hazards.
6. Instructors shall ensure the road and terrain courses are reviewed prior to commencing riding activities, paying specific attention to obstructions, surface hazards, hazardous wildlife, poisonous vegetation, accessibility by fire/rescue/other emergency vehicles, accessibility to drinking water/restroom facilities/first aid-trauma kit, environmental factors, and inclement weather considerations.
7. Presenter conducting offsite group rides or other training must consider the use of a support vehicle equipped with radio communications, extra drinking water/electrolytes, first aid/trauma kit, bicycle tools (e.g., floor pump, spare tubes, and tool kit), and spare duty bicycles.
8. Mat rooms and safety equipment shall be cleaned upon completion of each day of training.
9. Mat rooms shall have proper ventilation.

II. REPORTING AND HANDLING OF INJURIES

- A. The POST Regional Consultant shall be notified in writing within five (5) business days when an injury requiring more than basic first aid occurs during training.
- B. Instructors shall be familiar with the causes of common training-related injuries and strategies for preventing such injuries.
- C. Long periods of training, psychologically demanding activities, adverse weather and environmental conditions, and other factors can mentally and physically fatigue students, thereby increasing the potential for injury.
 - a. These factors could suggest a reduction in training intensity and shall be considered when establishing the instructional pace.
 - b. Frequent rest and water breaks may be necessary.
- D. Students shall immediately report any injury to the instructors.
- E. Minor Injuries
 1. Each training site will keep a list of the nearest medical facilities.
 2. Locations and contact information of the nearest medical facilities shall be briefed with staff and students before training begins.
 3. Students shall immediately notify an instructor and/or supervisor of any injury sustained during training.
 4. Personnel should render first aid and obtain the appropriate medical assistance.

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5. Call for rescue ambulance via telephone or radio if necessary
6. Transport to the local hospital for all minor injuries not requiring emergency response.
7. All administrative notifications shall be made.

F. Major Injuries

1. Instructors will stop all training.
2. Request a Fire Department Rescue Ambulance via telephone or police radio. Give specific directions to the training facility.
3. Safety personnel will render first aid.
4. Deploy pathfinders/guides for responding emergency medical personnel.
5. In case of a serious injury, all Injury Identification and Prevention Program (IIPP) notifications and protocol shall be followed.¹

III. RATIOS OF INSTRUCTIONAL STAFF TO STUDENTS

- A. Lecture 1: 40
- B. Arrest and Control 1:8
- C. Baton/Impact Weapons 1:8
- D. Bicycle Operations 1:10

IV. TRAINING LOCATIONS AND EMERGENCY MEDICAL FACILITIES

A. Below are the designated training and medical facilities associated with this course

<p>Ahmanson Recruit Training Center (ARTC) 5651 W. Manchester Ave. L.A., CA 90045 Commanding Officer: 424 393-4600</p>	<p>Reliant Urgent Care 5901 W. Century Blvd. Los Angeles, CA 90045 (310) 215-6020</p>
<p>Davis Training Facility 12001 Blucher Ave. Granada Hills, CA 91344 Commanding Officer: (818) 832-3790</p>	<p>Providence Holy Cross Medical Center 15031 Rinaldi Street Mission Hills, CA 91345 (818) 365-8051 ER: (818) 496-1270</p>
<p>Elysian Park Academy 1880 N. Academy Dr. L.A., CA 90012 Commanding Officer (213) 847-3000</p>	<p>LA Downtown Medical Center 1711 W. Temple Street Los Angeles, Ca. 90026 Contact: (213) 989-6100</p>

¹ Los Angeles Police Department Medical Liaison Division IIPP in accordance with CAL OSHA.