

**LOS ANGELES POLICE DEPARTMENT**  
**Bicycle Rapid Response Team**  
**1850-23842**  
**Expanded Course Outline**

**STATEMENT OF PURPOSE:** This course prepares bicycle patrol officers to function as members of a bicycle rapid response team (BRRT) capable of conducting crowd management/control and mobile field force operations. Course content includes policy review, tactical de-escalation, commands and formations, riding assessments, and scenario-based practical application(s).

**PERFORMANCE OBJECTIVES:** Using learning activities and practical application, students will:

- Review and apply proper bicycle fit techniques, and inspect bicycle safety equipment
- Understand and identify the contents of the BRRT pack through visual inspection
- Review crowd management skills for Bicycle Officers
- Understand and apply the course Safety Policy
- Understand and apply proper deployment techniques in a BRRT
- Apply BRRT deployment techniques in practical application scenarios
- Demonstrate an understanding of how our Department's guiding value of Reverence for Human Life is the moral and ethical foundation of de-escalation, tactics, reasonable force, and officer safety.
- By the conclusion of the training, students will understand how the application of this training is in keeping with our Department's UOF policy, philosophy and tactical planning.

Note\*: Students must have successfully completed Bicycle Patrol (1850- 23820) as a prerequisite to attending this course.

**This course provides updated legislative content of Penal Code Section 835a**

**References:** Instructors, facilitators and training supervisors shall ensure that the most current references are utilized

## **I. INTRODUCTION AND SAFETY ORIENTATION**

- A. Introductions
  - 1. Instructor introductions
  - 2. Student introductions
- B. Administrative
  - 1. POST Roster
  - 2. Hourly distribution
- C. Course objectives review
  - 1. Crowd engagement
  - 2. Voluntary compliance
  - 3. Proper use of force
  - 4. Tactics to disperse and control
  - 5. BRRT pack purpose, contents and location(s)
- D. Safety protocols
  - 1. Conduct safety brief per current course Safety Policy<sup>1</sup>
  - 2. Location(s) of first aid resources
    - a. First aid/trauma kits

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<sup>1</sup> CA POST EDI, Bicycle Rapid Response Team, 1850-23842, Safety Policy

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- b. AED
  - c. Medical facilities locations listed in Safety Plan
  - d. Designated personnel
  - e. Injury Notifications
  - f. Environmental/training area awareness during training
- 3. Evacuation
  - 4. Injury prevention

## **II. CROWD MANAGEMENT AND CROWD CONTROL<sup>2</sup>**

- A. Crowd Management Overview - Strategies and Tactics employed by law enforcement agencies to deal with lawful assemblies in an effort to prevent escalation of events into an unlawful assembly or riot
  - 1. Control of personnel
  - 2. Separate opposing factions
  - 3. Gather intelligence
  - 4. Unlawful Assembly
  - 5. Alternate location for assembly
- B. Crowd Control Overview - Law enforcement response to a pre-planned or spontaneous event, activity or occurrence where there is a potential for unlawful activity or the threat of violence<sup>3</sup>
  - 1. Crowd control strategies
  - 2. Mobile Field Force techniques when deployed on bicycles
- C. Reverence for Human Life
  - 1. The Department's guiding value
  - 2. It is the moral and ethical foundation of de-escalation, tactics, reasonable force, and officer safety
- D. Use of force exceptions
  - 1. There is no exception to the law or policy regarding the application of use of force during crowd control situations
  - 2. Exceptions apply only to the reporting time frame of Non-Categorical Uses of Force
- E. Use of Force Policy
  - 1. Applying objective reasonableness standard and reporting use of force during crowd control situations
  - 2. Use of Force Defined<sup>4</sup>
  - 3. Reporting<sup>5</sup>
- F. Fourth Amendment and CA Penal Code section 835a
  - 1. Fourth Amendment<sup>6</sup>
  - 2. Objective Reasonableness Standard<sup>7</sup>

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<sup>2</sup> Use of Force-Tactics Directive, Crowd Management, Intervention and Control

<sup>3</sup> CA POST EDI, Crowd Control 1850-21954 ECO.

<sup>4</sup> Department Manual Section 1/556.10, Policy on the Use of Force

<sup>5</sup> Department Manual Section 4/245.05, Reportable Non-Categorical Use of Force Incidents

<sup>6</sup> POST Basic Course Workbook, LD 15, Laws of Arrest

<sup>7</sup> US Supreme Court, *Graham v Connor* 490U.S. 386(1989)

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3. 835a PC is consistent with, and in support of, the Fourth Amendment<sup>8</sup>

### **III. CONTROL AND DE-ESCALATION**

#### **A. Tactical De-Escalation Techniques<sup>9</sup>**

1. Definition and purpose
2. P.A.T.R.O.L.<sup>10</sup>
3. Public safety/risk
4. Officer safety
5. Considerations

#### **B. Presence**

1. Presence: The ability to project a sense of ease, poise, and self-assurance, especially the quality or manner of a person's bearing before an audience
2. Command presence: Presence as it applies to influencing or controlling individuals in a policing environment

#### **C. Control**

1. Control of a suspect
2. Control vs. illusion of control
3. Control of the scene
4. Control of yourself
5. Influence

### **IV. COMMANDS AND FORMATIONS**

#### **A. Basic formations for a BRRT**

1. Bikes Left, Right, Front, Rear, Down and Up
2. Bike Barricade
2. Stationary Skirmish Line
3. Walking Skirmish Line
4. Rolling Skirmish Line
5. Rolling Skirmish Line back to a column of two
6. Column of one to a Rolling Skirmish Line
7. "T" Formation – two-squad
8. Rolling Crossbow Right/Left
9. Bike Lock Down
10. Roll Out Center
11. Roll Out Right/Left
12. Online Barricade
13. Rescue Circle

#### **B. BRRT Commands**

1. Commands
2. Signals
3. Communication considerations

### **V. ASSESSMENT RIDE**

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<sup>8</sup> California Penal Code Section 835(a)PC, Effecting Arrest; Resistance

<sup>9</sup> Use of Force-Tactics Directive, Tactical De-Escalation Techniques

<sup>10</sup> Training Bulletin, Volume XLVII Issue 4, Command and Control

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Minimum standards of performance shall be evaluated by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

- A. Learning activity: Review and evaluation of assessment ride
  - 1. Instructor led, large group
  - 2. Bicycle fitment
  - 3. Safety equipment
  - 4. Bicycle inspection
  - 5. Bicycle equipment inspection
  - 6. Route review
  
- B. Learning activity: Assessment ride- review and evaluation of basic riding skills
  - 1. Instructor led, large group
  - 2. Overall riding
  - 3. Cadence and pedaling
  - 4. Bicycle handling
  - 5. Coordination and comfort
  - 6. Slow speed skills – columns of one/two

## **VI. SQUAD FORMATIONS**

Minimum standards of performance shall be evaluated by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

- A. Learning activity: Overview BRRT commands and officer responses regarding squad formations, and assessment of students' response to commands
  - 1. Instructor led, large group
  - 2. Review commands
  - 3. Review formations and techniques
  - 4. Instructor demonstration of proper responses to commands
  - 5. Student practice of proper responses to commands
  - 6. Application/utilization of BRRT
  
- B. Learning activity: Practical applications of formations and techniques, and evaluation of students' ability to properly apply the formation movements and techniques
  - 1. Instructor led, large group
  - 2. Application(s) of formations and techniques
  - 3. Columns of one and two
  - 4. Skirmish lines (rolling, walking and stationary)
  - 5. T-Formation
  - 6. Crossbow
  - 7. Lock Down
  - 8. Blocking Force
  - 9. Roll-Out (right, left, center)
  - 10. Online Barricade
  - 11. Application of arrest and control techniques: On-line Barricades
    - a. Student practice of kicks/knees/punches
    - b. Student practice of and baton strikes

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- c. Student practice of limited standing control holds; firm grip, c-grip position of advantage
- 12. Application of arrest and control techniques: Bikes Up / Bikes Down
  - a. Student practice of kicks/knees/punches
  - b. Student practice of and baton strikes
  - c. Student practice of limited standing control holds; firm grip, c-grip position of advantage
- 13. Application of arrest and control techniques: Rescue Circle
  - a. Student practice of kicks/knees/punches
  - b. Student practice of and baton strikes
  - c. Student practice of limited standing control holds; firm grip, c-grip position of advantage

## **VII. SCENARIOS/DEBRIEF**

Minimum standards of performance shall be evaluated by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

- A. Learning activity: Review and evaluate BRRT tactics , bicycle maneuvers and bicycle squad responses.
  - 1. Instructor led, large group
  - 2. Instructor demonstrations
  - 3. Student practice
- B. Learning activity: Scenario-based BRRT responses
  - 1. Instructor supervised, student led, large group
  - 2. Review safety brief per current course Safety Policy<sup>10</sup>
  - 3. Students in supervisory positions demonstrate the ability to assess the situation, formulate and implement a plan of action utilizing the appropriate rapid response crowd management or crowd control tactics and commands
  - 4. Students will demonstrate their ability to follow the student-supervisor's plan of action utilizing proper rapid response tactics and procedures
  - 5. Students may be assigned squad leader duties in scenario
  - 6. Students may be assigned a BRRT pack and practice the lockdown technique
  - 7. Scenario 1: Clearing crowd from road intersection
    - a. Students will utilize established methods of verbalization, formation movement, and ARCON/Baton techniques.
    - b. Students may be required to arrest student role players in a simulated/notional capacity only (no resistance, handcuffing/restraint, or other manipulative skills used)
    - c. Students may be required to demonstrate appropriate baton techniques in exercise, on kicking pad/padded shield, and with instructor role player when prompted by instructor
  - 8. Scenario 2: Rescue Circle in crowd control situation
    - a. Students will utilize established methods of verbalization, formation movement, and ARCON/Baton techniques.

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- b. Students may be required to arrest student role players in a simulated/notional capacity only (no resistance, handcuffing/restraint, or other manipulative skills will be used)
    - c. Students may be required to demonstrate appropriate baton techniques in exercise, on kicking pad/padded shield, and with instructor role player when prompted by instructor
  - 9. Scenario 3: Officer Down and Online Barricade in active protest environment
    - a. Students will utilize established methods of verbalization, formation movement, and ARCON/Baton techniques.
    - b. Students may be required to arrest student role players in a simulated/notional capacity only (no resistance, handcuffing/restraint, or other manipulative skills used)
    - c. Students may be required to demonstrate appropriate baton techniques in exercise (executed on kicking pad/padded shield), and with instructor role player when prompted by instructor
  - 10. Assessments of students' responses to scenario elements, and student performance executing proper bicycle maneuvers and crowd control techniques
- C. Debrief
  - 1. Training highlights
  - 2. Questions
  - 3. Lessons learned
  - 4. Instructor comments
- D. Closing
  - 1. POST roster
  - 2. Course critique