

**LOS ANGELES POLICE DEPARTMENT  
FIREARMS ENHANCE MARKSMANSHIP  
Expanded Course Outline F233**

**Instructional Goal:** The course will provide the trainee with the minimum topics of enhanced marksmanship. The course consists of a hands-on/practical skills firearms enhancement training for in-service officers.

**Tactical Firearms:**

Minimum Topics/Exercises:

- Basic Firearms Enhancement
- Class Exercises/Student Evaluation/Testing
- Safety guidelines/orientation
- Sight Alignment, Trigger Control, Accuracy
- Target recognition and analysis
- Weapons Clearing
- Live Fire

**Performance Objectives:**

Using practical application, the students will:

- Reinforce Marksmanship
- Emphasize shooting within their abilities, balancing speed, accuracy, and minimizing stress
- Review basic skills necessary to be proficient in firearms
- Review drills both on and off range which students can and should do to maintain their skills
- Reinforce the concept of perishable skills and our continued support for their success
- Verify Marksmanship

**I. INTRODUCTION AND OVERVIEW**

**(15 mins)**

A. Introduction, Registration and Orientation

B. Course Objectives/Overview, Exercises, Evaluation

C. LAPD Four Basic Firearms Safety Rules

1. All are always loaded
2. Never allow the muzzle to cover anything you are not willing to shoot/destroy
3. Keep finger off trigger until your sights are aligned on the target and you intend to shoot
4. Be sure of your target and background

D. Weapons Safety Orientation, Review of Range and Shooting Safety Rules (Pre-range weapons unloading procedures and lunch/extended break reload/unload rules)

1. Range and Tactical Safety
  - a. Follow Range Rules
  - b. Follow Instructor commands
  - c. Strict Weapon Discipline and Muzzle Control
  - d. No lasering of personal body parts
2. Review of Range Safety Rules
  - a. Cover primary elements as a checklist with students
  - b. Local emergency/first aid procedures to include radio/telephone procedures, closest medical facility

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**II. DIAGNOSTIC DRILLS / SKILL BUILDING DRILLS,**

**(45 mins)**

A. Seven elements of marksmanship

1. Grip
2. Stance
3. Sight Picture
4. Sight Alignment
5. Trigger Control
6. Breath Control
7. Follow Through

B. Basic presentation and re-holstering firearms

1. Practice draw stroke – five count presentation refresher
2. Dry fire to evaluate elements of marksmanship
3. Review reloading and malfunction drills

C. **EXERCISE I** – Individual basic slow fire marksmanship with coaching and correction, reestablish or reinforce fundamentals of marksmanship

1. Slow Fire - Coached
  - a. Demonstrate safe loading of firearms
  - b. Verify shooter ability to hold 10 ring accuracy (slow fire)
  - c. Verify sights and properly functioning equipment
  - d. Reshoot the drill confirming results
  - e. Demonstrate safe unloading of firearm
  - f. Demonstrate safe re-holstering of firearms
2. Review dry practice trigger drills
  - a. Emphasize the importance of proper trigger control
  - b. Verify proper trigger press mechanics under a controlled stress-free environment
4. 12 yards, five rounds, slow fire group
  - a. Verify shooter has the ability to hold combat marksmanship accuracy (9 and 10 ring)
5. 15 yards, five rounds slow fire group
  - a. Verify shooter's ability to maintain combat marksmanship at 15 yards
  - b. Verify unload and holster techniques
  - c. Demonstrate and practice drawing out of battery speed reload techniques
  - d. Seven yards, five rounds, single shots from the holster, holding nine and ten ring marksmanship
  - e. Seven yards, five rounds, single shots to the head. Out of battery speed reload

**BREAK**

**(15 min)**

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**III. IN-SERVICE COMBAT QUALIFICATION COURSE, TECHNIQUES, TEST, AND DEBRIEF  
(45mins)**

- A. **EXERCISE 2** – Demonstrate and practice each phase based on marksmanship and timing
1. Coached with Instructor
    - a. Reinforce shooters possess the marksmanship abilities to pass course
    - b. Emphasize shooting within their abilities; balancing speed, accuracy, and minimizing stress
    - c. Threat assessment, scanning
    - d. Demonstrate safe unloading of firearm
    - e. Demonstrate safe re-holstering of firearms
  2. Conduct course for qualification and debrief
    - a. Review basic skills necessary to be proficient in firearms
    - b. Review drills both on and off range, to maintain skills
    - c. Schedule next workshop and advise student's that two complete qualification cycles must be passed.
    - d. Encourage students to provide feedback and become active in promoting the course