

**LOS ANGELES POLIC DEPARTMENT**  
**Personal Protective Equipment (PPE) Fit Test**  
**CurCode SP465**

**Instructional Goal:** To provide students with an update to refresh knowledge and skills in the use of PPE and refresh general protective response actions.

**Performance Objective:** Using lecture and learning activities the student will:

- Demonstrate the ability to donning and doffing of an Air Purifying Respirator (APR)
- Recognize fit factor of the Air Purifying Respirator
- Demonstrate the ability to safely don and doff Personal Protective Equipment

**I. Course Overview and Safety Brief (5 Min)**

- A. Welcome and Introduction
  - 1. Welcome students
  - 2. Instructor introductions
- B. Administrative Duties
  - 1. Fit test forms
  - 2. Medical monitoring sheets
  - 3. Safety Brief

**II. Air Purifying Respirator Fit Test (20 Min)**

- A. Fit Test APR
  - 1. Don APR
  - 2. Attach to Fit Test Machine
  - 3. Record fit test results
  - 4. Record fit factor number
  - 5. Doff APR

**III. Closing (5 Min)**

- A. Post-test and Review
  - 1. Test responder's knowledge
  - 2. Review curriculum