

## Resources

### **988 Suicide & Crisis Lifeline**

<https://988lifeline.org/>

### **Text Crisis Line**

Text START to 741-741

<https://www.crisistextline.org/>

### **Substance Abuse Hotline**

(800) 662-4357

<https://www.samhsa.gov/find-help>

### **California Youth Crisis Hotline**

(800) 843-5200 (24 hours/7 days)

Teen Hotline (800) 852-8336 (6pm-10pm)

<https://calyouth.org/>

### **Veteran's Crisis Line**

Dial 988 then Press 1

Text: 838255

<https://www.veteranscrisisline.net/>

### **Cohen Military Family Clinic**

(844) 336-4226

<https://www.cohenveteransnetwork.org/>

### **National Alliance on Mental Illness**

NAMI in LA County (213) 386-3615

(800) 950-NAMI (6264)

<https://namiglac.org/>

### **Los Angeles LGBT Center**

(323) 993-7400

<https://lalgbtcenter.org/>

### **24-hour Friendship Line**

888-670-1360

### **Autism Society of Los Angeles**

(424) 299-1531/ Warmline: (310) 853-2151

[www.autismla.org/](http://www.autismla.org/)

### **Women and Children's Crisis Shelter**

Lifeline (562) 945-3939

[www.wccshope.org](http://www.wccshope.org)



### Systemwide Mental Assessment Response Team (SMART)

SMART was established to prevent unnecessary incarceration and/or hospitalization, provide alternate care in the least restrictive environment and to support patrol.

### Case Assessment Management Program (CAMP)

CAMP was established as a follow-up program for SMART. The focus of CAMP is to investigate high utilizers of emergency service, use of force, targeted school violence, incidents with increasing risk behavior, incidents involving weapons, and to help link individuals to resources.

### Los Angeles Police Department Mental Evaluation Unit

#### Social Media:

X (Twitter): @LAPDMEU

Instagram @lapd.meu

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## Los Angeles Police Department

# Community Mental Health Resource Guide



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.

## Department of Mental Health

LAPDONLINE.ORG  
DMHLACOUNTY.GOV

## Crisis Response

### CALL 911

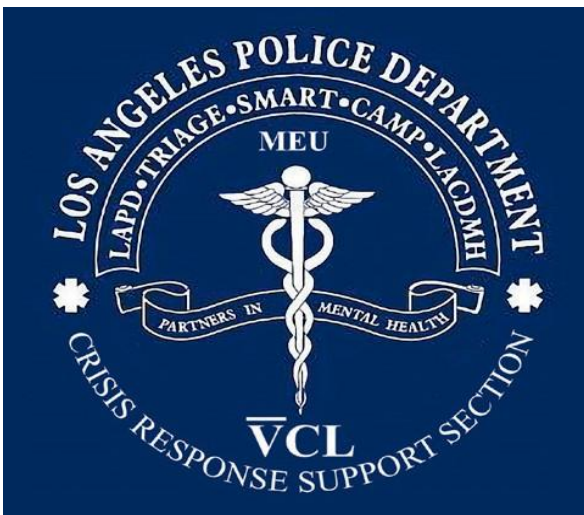
When your family is experiencing an emergency that puts yourself, your loved one, and/or the public in immediate danger, call 911.

While speaking to the 911 dispatcher use the **911 Checklist** to provide helpful information to the responding Officers.

During mental health crises, LAPD will send a patrol unit to stabilize the crisis and detain the individual for a mental health evaluation. During the detention officers may handcuff for everyone's safety.

*"Statistics show that when officers handcuff a person who is in crisis, the application of force by officers is significantly reduced."*

When the scene is stabilized, a Systemwide Mental Assessment Response Team (SMART) unit will respond to provide mental health assistance, if available.



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## Mental Health Emergency

### CALL ACCESS (800) 854-7771

For psychiatric emergency incidents involving mental illness that do not require a 911 response, please call ACCESS 24/7.

When you call ACCESS, a Psychiatric Mobile Response Team (PMRT) may respond to your location, when available.

ACCESS is a Department of Mental Health service for all members of the Los Angeles County community.

### Department of Mental Health Clinics

<https://locator.lacounty.gov/dmh/>

### 988 Lifeline

The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) offers 24/7 call, text and chat access to trained crisis counselors who can help people experiencing suicidal, mental health crisis, substance use crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about someone else who may need crisis support.

### What is a GVRO?

The Gun Violence Restraining Order (GVRO) is a law that allows family members, household members, some employers, colleagues, teachers, and law enforcement to work with courts to temporarily remove guns and prevent the purchase of new guns by individuals who pose a significant risk of harm to themselves or others. The media and some organizations sometimes refer to the GVRO and similar laws as so-called "Red Flag Laws".

## Develop a Care Plan

### National Alliance on Mental Illness

**NAMI** helps families and consumers by offering **E**ducation, **A**dvocacy, **S**upport and **R**esources.

*Find HELP, Find HOPE*

CALL (800)950-6264

[www.namiglac.org](http://www.namiglac.org)



211 is a service that can link you to countywide programs. When struggling to find answers for a family member that may be suffering from mental illness, this toll-free phone number is a great place to start.

When you call, expect to follow a few automated prompts before you speak to a person.

### What is a 5150 Hold?

*During a mental health crisis, officers/clinicians will detain the subject to determine if he/she meets the criteria for a 5150 WIC application for a 72-hour hold. Subjects will be assessed for the danger they pose to themselves, danger they pose to others, and for grave disability. The officer's determination will be based on physical evidence, the subject's history, the subject's statements, and reliable witness statements.*